



WELCOME TO YOUR SOUND JOURNEY
2026



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welcome to your SOUND Journey

A journey to find more calmness, focus and relaxation. A journey to discover fresh, energizing sounds through instruments designed for anyone to explore, create and feel.

our vision

In the hectic chaos of the modern age, it's easy to lose yourself in the stress of everyday life. Restlessness has become a universal companion, whispering in our ears, urging us to keep going, keep doing, and searching for something just out of reach. Within this discord of the external world, there exists a profound remedy: Sound.

Sound has the power to bridge the gap between the outer chaos and our inner world, offering us a pathway to peace and serenity. We want to embrace the power of sound together and start truly listening again. To rediscover our inherent sound.





Our vision includes ...

- ... Creating moments of mindfulness and well-being in times of unrest, when everyone is always expected to perform.
- ... Allowing ourselves to slow down and reconnect with our inner world.
- ... Spreading our instruments with their positive effects all over the world to make them accessible to as many people as possible, no matter their age, gender, health, or wealth status.
- ... Reaching places with sound where words do not.
- ... Inspiring people to get creative and explore their own intuition.
- ... Supporting kids in finding joy through experimentation, strengthening their focus, concentration, and motor skills.
- ... Forming a way of communication through sounds for people who cannot express themselves verbally.
- ... Supporting all kinds of processes – physical, mental, and emotional.

UNITED BY SOUND

Our Brand Ambassadors

Get to know the people who bring our brand to life – with their energy, heart, and creativity!

Since 2024, over 30 inspiring sound enthusiasts, musicians, artists and sound healers from over 20 different countries joined our Brand Ambassador training. Sharing the same vision and values, connected through the universal language of sound.



Adrienn Pal
Hungary



Alessandro Marziali
Italy



Angela Pizarro
Spain



Carolin Mertens
Germany



Lea Ferrante &
Chloé Delfine Colombo
Switzerland

It has been an honor to be part of this training. The energy, the connection, the location – everything was magical! Chloé



Eddie van Dongen
Netherlands

Coming into Union to create the New Earth. Caro



Emanuele Brunazzetto
Italy



Francesco Fasanaro
Italy



Gu Lan
China



Jarmila Lucanova
Czech Republic



Jessica Cross
United States

Sharing thoughts, skills and different point on views with people from all over the world. I couldn't ask for something more beautiful and enriching. Francesco



Joy von Winckelmann
Netherlands



Juan Carlos Melian
Spain



Kenji Azuma
Japan



Crystal OM
Japan



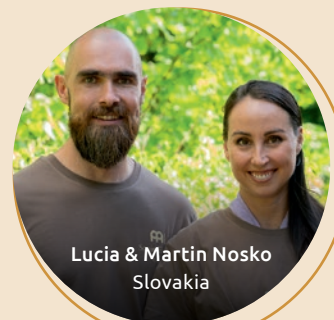
Kristiana Rautenfelda
Latvia



Lauren Raby
United Kingdom



Lika Evgenidze
Georgia



Lucia & Martin Nosko
Slovakia



Luis Ribeiro
Austria



Mariela Sarkima
Finland



Neli Duarte
Paraguay



Neval Karaman-Ribeiro
Austria



Nick Ornellas
South Africa



Norin Silvana
Indonesia



Patrycja Betley
Poland



Peter Cushin
France



Sadanand Magee
Ireland



Sara Usai
Italy



Tatiana Charpentier
France



 Super delighted to have participated in this excellent experience. Thank you for all this ENERGY. Peter



Weronika Lapot
Poland



Woodie Wulin
Thailand

Visit our website to find out more about our official Brand Ambassadors and connect with them!



The Power of Crystal Singing Bowls

Crystal Singing Bowls have the extraordinary ability to shift our energy, change the atmosphere, and guide us back to presence. Whether in a spacious studio or a quiet corner at home, they have a unique way of clearing both internal and external noise. They invite peace, especially when the vibrations arise from high-quality instruments, like Meinel Sonic Energy Crystal Singing Bowls.

From the harmony of the White-frosted bowls to the versatility of the Essence and Crystal Chalices and the deep intention that Colored and Marble bowls hold, I use a wide array of Meinel Sonic Energy Crystal Bowls in my sound baths and sound healing certifications.

I love using the entire line for various purposes and different moods I wish to create. As I've woven them into my sound healing, I've watched my students fall in love with the beautiful resonance of these instruments just as much as I have.

Frosted Crystal Bowls for Every Application

The White-frosted 432 Hz Chakra Set (see page 09) is my foundational crystal singing bowl set for all of my offerings. Each bowl in the set corresponds to a different chakra, or energetic center from yogic philosophy, and creates a well-rounded sound experience.

My must-have mallets are the Crystal Silicone Rods (see page 20), which offer a seamless playing experience. The polished edge of the Sonic Energy frosted bowls, paired with silicone rods, minimizes unwanted friction noise – sometimes called "drag" – when rubbing the bowl. The silicone mallets are highly responsive and an essential tool in my kit. I don't leave home without them!

I love to begin my sound baths by slowly singing the root chakra bowl (C note), then adding the solar plexus (E note) and throat chakra (G note) bowls to create the C Major Triad. When all three bowls sing together, they form a well-balanced, harmonic chord that my attendees love.

The frosted series also includes a wide array of bowls that can meet all sound practitioners' and musicians' needs with the 440 Hz tuned bowls (see page 18), the stunning Color and Marble (see page 10 and 19), Planetary-tuned based on Hans Cousto's work (see page 15), the ever-popular Solfeggio frequencies (see page 13), and even more to choose from. There is a Frosted Crystal Bowl for everyone!



Essence Crystal Singing Bowls

The Essence Crystal Singing Bowls (see page 24) bring elegance to both sound and aesthetic. I often use the Essence bowls when I need a soft, ethereal layer in my sound healing experience or when I am playing with other musicians. Their tuning to 440 Hz means they layer beautifully with the Crystal Singing Chalices, creating harmonious blends for group or solo sound work.

These bowls are easy to transport with sturdy, custom-designed carrying cases. I love holding an Essence bowl in my hand and using a Suede Resonant Mallet (see page 20) to alternate between singing and gently tapping the bowl.

The Essence bowls' luminous finish and craftsmanship inspire me every time I reach for them. These bowls are truly unique and always elevate the energy of any sound healing space.

Crystal Singing Chalices

Crystal Singing Chalices (see page 25) truly stand in a category of their own. If you've experienced a sound bath with me, you've felt their magic firsthand. I use them daily during intention setting in my yoga, meditation, and sound healing classes.

Chalices are a handy tool for offering a personal touch in even the largest of sound healing events. I like to walk through the space, sharing the vibrations of the chalice by singing and tapping the bowl with the Resonant Suede Mallet, offering each person a moment of personalized resonance.

The Meinl Sonic Energy Crystal Chalices' deep resonance and beautiful design often invite joyful smiles and curious questions from my attendees following a sound bath. Their quality is unmatched, and listeners feel their benefits.

Creating Sacred Space, Anywhere

Whether you're working in a large space or simply carving out a quiet pause in your day, Meinl Sonic Energy's Crystal Singing Bowls can help you create a sanctuary of sound anywhere.

As you embark on your sound journey, may you find the bowls that speak to your heart and bring more peace into the world – one vibration at a time.

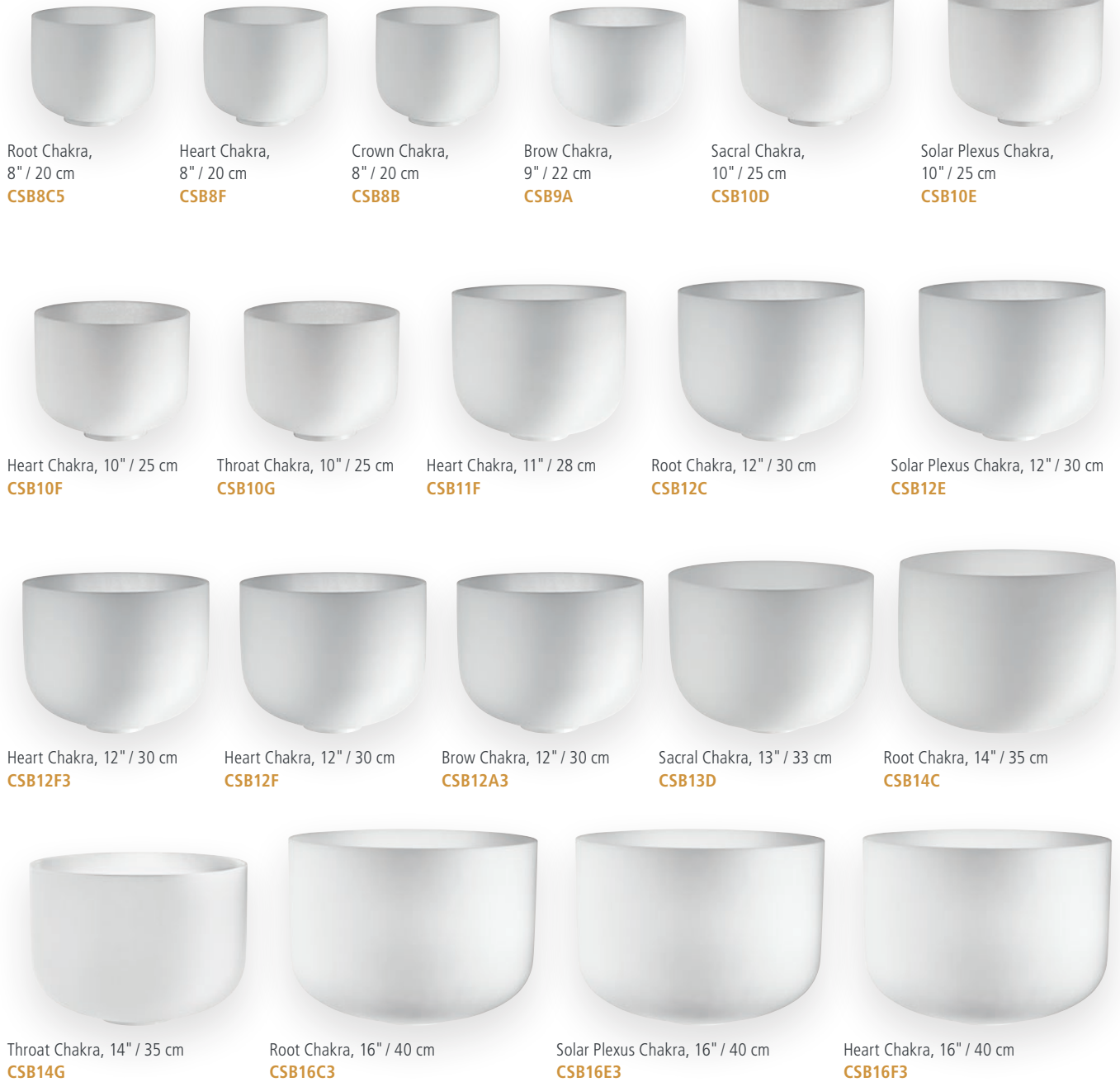
About Jessica

Since founding Sound for Stress in 2016, Jessica Cross has been a leading provider of sound healing experiences across Texas. In 2023, she co-authored her first book, *Seasons of Sound: Sound Healing for All of Life's Seasons*. Jessica has led hundreds of sound baths, retreats, and sound healing certifications across the U.S., and she is passionate about offering immersive experiences that help reconnect with calm. Jessica was welcomed into the Meinl family as a Sonic Energy Brand Ambassador in 2025.

www.soundforstress.com



CRYSTAL SINGING BOWLS



1 CRYSTAL SINGING BOWLS, 432 HZ

- SIZES**
- CSB8**: 8" / 20 cm diameter
 - CSB9**: 9" / 22 cm diameter
 - CSB10**: 10" / 25 cm diameter
 - CSB11**: 11" / 28 cm diameter
 - CSB12**: 12" / 30 cm diameter
 - CSB13**: 13" / 33 cm diameter
 - CSB14**: 14" / 35 cm diameter
- MATERIAL**
Gemstone (Quartz)
- TUNING**
A4/a' 432 Hz
- CSB8C5**: Root Chakra, C5
 - CSB8F**: Heart Chakra, F4
 - CSB8B**: Crown Chakra, B4
 - CSB9A**: Brow Chakra, A4
 - CSB10D**: Sacral Chakra, D4
 - CSB10E**: Solar Plexus Chakra, E4
 - CSB10F**: Heart Chakra, F4
 - CSB10G**: Throat Chakra, G4
 - CSB11F**: Heart Chakra, F4
 - CSB12C**: Root Chakra, C4

- CSB12E**: Solar Plexus Chakra, E4
 - CSB12F3**: Heart Chakra, F3
 - CSB12F**: Heart Chakra, F4
 - CSB12A3**: Brow Chakra, A3
 - CSB13D**: Sacral Chakra, D4
 - CSB14C**: Root Chakra, C4
 - CSB14G**: Throat Chakra, G3
 - CSB16C3**: Root Chakra, C3
 - CSB16E3**: Solar Plexus Chakra, E3
 - CSB16F3**: Heart Chakra, F3
- FEATURES**
- Made of high-purity quartz
 - White-frosted
 - Extremely long-lasting resonance
- INCLUDES**
- White silicone ring

2 CRYSTAL SINGING BOWL SETS, 3 PCS.

- CONTAINS**
- CSBSETAFC**:
CSB9A (Brow Chakra)
CSB12F (Heart Chakra)
CSB14C (Root Chakra)
 - CSBSETAFD**:
CSB9A (Brow Chakra)
CSB11F (Heart Chakra)
CSB13D (Sacral Chakra)
 - CSBSETGEC**:
CSB10G (Throat Chakra)
CSB12E (Solar Plexus Chakra)
CSB14C (Root Chakra)
- INCLUDES**
- White silicone ring
 - Crystal Silicone Rod (CSBRL)
 - Crystal Singing Bowl Mallet (CSBM)



Set, 3 pcs.
CSBSETAFC



Set, 7 pcs.
CSBSETCHA



Set, 3 pcs.
CSBSETAFD



Set, 3 pcs.
CSBSETGEC

CRYSTAL SINGING BOWL SLEEVE SET
(SEE PAGE 21)



CSBPSSET2

3 CRYSTAL SINGING BOWL CHAKRA SET

- CONTAINS**
- CSB88B (Crown Chakra)
 - CSB9A (Brow Chakra)
 - CSB10G (Throat Chakra)
 - CSB11F (Heart Chakra)
 - CSB12E (Solar Plexus Chakra)
 - CSB13D (Sacral Chakra)
 - CSB14C (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
 - Crystal Silicone Rods (CSBRM, CSBRHL)
 - Crystal Singing Bowl Mallet (CSBM)



CRYSTAL SINGING BOWLS

CRYSTAL SINGING BOWLS

1 432 Hz



Crown Chakra, 10" / 25 cm
MCSB10B



Brow Chakra, 10" / 25 cm
MCSB10A



Throat Chakra, 10" / 25 cm
MCSB10G



Heart Chakra, 10" / 25 cm
MCSB10F



Solar Plexus Chakra, 10" / 25 cm
MCSB10E



Sacral Chakra, 10" / 25 cm
MCSB10D



Root Chakra, 10" / 25 cm
MCSB10C

2



432 Hz



Set, 7 pcs.
MCSBSETCHA

1 MARBLE CRYSTAL SINGING BOWLS

SIZE 10" / 25 cm diameter
MATERIAL Gemstone (Quartz)
TUNING A4/a' 432 Hz
MCSB10B: Crown Chakra, B4
MCSB10A: Brow Chakra, A4
MCSB10G: Throat Chakra, G4
MCSB10F: Heart Chakra, F4
MCSB10E: Solar Plexus Chakra, E4
MCSB10D: Sacral Chakra, D4
MCSB10C: Root Chakra, C4
FEATURES Made of high-purity quartz
Exterior frosted color, marbled
Extremely long-lasting resonance
INCLUDES White silicone ring

COLORS **MCSB10B:** Purple
MCSB10A: Dark Blue
MCSB10G: Light Blue
MCSB10F: Green
MCSB10E: Yellow
MCSB10D: Orange
MCSB10C: Red

2 MARBLE CRYSTAL SINGING BOWL CHAKRA SET

CONTAINS MCSB10B (Crown Chakra)
MCSB10A (Brow Chakra)
MCSB10G (Throat Chakra)
MCSB10F (Heart Chakra)
MCSB10E (Solar Plexus Chakra)
MCSB10D (Sacral Chakra)
MCSB10C (Root Chakra)
INCLUDES 7 x white silicone ring
Crystal Silicone Rod (CSBRM)
Crystal Singing Bowl Mallet (CSBM)

3 LOTUS FLOWER CRYSTAL SINGING BOWL

SIZE 9" / 22 cm diameter
MATERIAL Gemstone (Quartz)
TUNING A4/a' 432 Hz
Brow Chakra, A4
FEATURES Made of high-purity quartz
White-frosted
Extremely long-lasting resonance
Printed symbol
INCLUDES White silicone ring
Crystal Silicone Rod (CSBRM)
Bag
SYMBOL **LF:** Lotus Flower



NEW

9" / 22 cm
CSB432LF



8" / 20 cm
PCSB80M

16" / 40 cm
PCSB160M



8" / 20 cm
PCSB8FOL

10" / 25 cm
PCSB10FOL

16" / 40 cm
PCSB16FOL



Set, 4 pcs.
CSBSETOM4



Set, 6 pcs.
CSBSETOM6

4 OM CRYSTAL SINGING BOWLS
SIZES **PCSB80M:** 8" / 20 cm diameter
PCSB160M: 16" / 40 cm diameter
MATERIAL Gemstone (Quartz)
TUNING A4/a' 432 Hz
PCSB80M: Om 136.10 Hz (audible 544.29 Hz ≈ C#5)
PCSB160M: Om 136.10 Hz ≈ C#3
FEATURES Made of high-purity quartz
 White-frosted
 Extremely long-lasting resonance
 Printed symbol
INCLUDES White silicone ring
SYMBOL **OM:** Om

TUNING **PCSB8FOL:** 128 Hz (audible 512 Hz = C5)
PCSB10FOL: 128 Hz (audible 256 Hz = C4)
PCSB16FOL: 128 Hz = C3
FEATURES Made of high-purity quartz
 White-frosted
 Extremely long-lasting resonance
 Printed symbol
INCLUDES White silicone ring
SYMBOL **FOL:** Flower of Life

CSBSETOM6:
 CSB16E3 (Solar Plexus Chakra)
 CSB12A3 (Brow Chakra)
 PCSB12E (Heart Chakra)
 CSB10E (Solar Plexus Chakra)
 CSB9A (Brow Chakra)
 PCSB80M (Heart Chakra)
INCLUDES Corresponding white silicone rings
CSBSETOM4:
 Crystal Silicone Rod (CSBRL)
 Crystal Singing Bowl Mallet (CSBM)
 1 x bag
 3 x sleeve
CSBSETOM6:
 2 x Crystal Silicone Rod (CSBRL)
 Crystal Singing Bowl Mallet (CSBM)
 2 x bag
 4 x sleeve

5 FLOWER OF LIFE CRYSTAL SINGING BOWLS
SIZES **PCSB8FOL:** 8" / 20 cm diameter
PCSB10FOL: 10" / 25 cm diameter
PCSB16FOL: 16" / 40 cm diameter
MATERIAL Gemstone (Quartz)

6 OM CRYSTAL SINGING BOWL SETS
CONTAINS **CSBSETOM4:**
 PCSB12E (Heart Chakra)
 CSB10E (Solar Plexus Chakra)
 CSB9A (Brow Chakra)
 PCSB80M (Heart Chakra)

SOLFEGGIO FREQUENCIES

Solfeggio – a term originally rooted in music theory – has found a significant place in Sound Therapy. The effects and magic of Solfeggio frequencies are perceived in various ways, each offering a unique connection to these ancient tones.

The Solfeggio Frequencies form a six-tone scale originally used in religious music during the 11th century, with references to these frequencies dating back to early biblical times. These frequencies represent distinct tonal qualities that are believed to support and enhance various aspects of mental and physical well-being. Despite their powerful effects on

the body and mind, Solfeggio frequencies may not always sound harmonious to the modern ear. This is because they do not follow the traditional Western musical scale, which is based on equal temperament tuning.

As a result, they can feel unfamiliar or dissonant, as they operate outside the conventional frameworks of intervals and harmonies, following a more ancient, natural tuning. The initially six well-known Solfeggio frequencies were complemented by three additional tones, completing the now nine-part scale, as follows:



Essence Solfeggio
Crystal Singing Bowls
see page 22

285 Hz
Renewal of energy fields and
physical rearrangement



174 Hz
Calming, grounding,
pain relief



396 Hz
UT – Liberation
from guilt and fear



417 Hz
RE – Undoing situations
and facilitating change



528 Hz
MI – Transformation
and miracles



639 Hz
FA – Harmonizing relationships
and inner balance



741 Hz
SOL – Living healthier and
promoting lifestyle changes



852 Hz
LA – Returning to mental
and spiritual order



963 Hz
Divinity, pineal gland activation,
spiritual connection



Solfeggio Crystal Singing
Bowls see page 13



Solfeggio Crystal
Tuning Forks
see page 57



Sound Bath Tube
Chime Solfeggio-Set
see page 68

In Sound Therapy, listening to these frequencies is associated with healing effects on the mind, body, and spirit, helping to restore balance. The exact mechanism by which Solfeggio frequencies achieve their effects is not yet scientifically

proven. Nevertheless, instruments resonating with these potent frequencies, when paired with purposeful intention and a tranquil atmosphere, have the potential to create a profoundly soothing and harmonizing effect on our well-being.

CRYSTAL SINGING BOWLS

1



Mi 528 Hz, 8" / 20 cm
SOLCSB8-528



Ut 396 Hz, 10" / 25 cm
SOLCSB10-396



Re 417 Hz, 10" / 25 cm
SOLCSB10-417



SOLFEGGIO



Fa 639 Hz, 10" / 25 cm
SOLCSB10-639



Sol 741 Hz, 10" / 25 cm
SOLCSB10-741



La 852 Hz, 10" / 25 cm
SOLCSB10-852



963 Hz, 10" / 25 cm
SOLCSB10-963



174 Hz, 12" / 30 cm
SOLCSB12-174



285 Hz, 12" / 30 cm
SOLCSB12-285

2



Set, 6 pcs.
SOLCSBSET



CRYSTAL SINGING BOWLS

1 SOLFEGGIO CRYSTAL SINGING BOWLS

- SIZES**
SOLCSB8: 8" / 20 cm diameter
SOLCSB10: 10" / 25 cm diameter
SOLCSB12: 12" / 30 cm diameter
- MATERIAL**
 Gemstone (Quartz)
- TUNING**
174: 174 Hz
285: 285 Hz
396: Ut 396 Hz
417: Re 417 Hz
528: Mi 528 Hz
639: Fa 639 Hz (audible 319.5 Hz)
741: Sol 741 Hz (audible 370.5 Hz)
852: La 852 Hz (audible 426 Hz)
963: 963 Hz (audible 481.5 Hz)
- FEATURES**
 Made of high-purity quartz
 White-frosted
 Extremely long-lasting resonance
 Printed symbol
- INCLUDES**
 White silicone ring

2 SOLFEGGIO CRYSTAL SINGING BOWL SET

- CONTAINS**
 SOLCSB10-396 (Ut 396 Hz)
 SOLCSB10-417 (Re 417 Hz)
 SOLCSB8-528 (Mi 528 Hz)
 SOLCSB10-639 (Fa 639 Hz)
 SOLCSB10-741 (Sol 741 Hz)
 SOLCSB10-852 (La 852 Hz)
- INCLUDES**
 6 x white silicone ring
 Crystal Silicone Rod (CSBRM)
 Crystal Singing Bowl Mallet (CSBM)

THE CELESTIAL ORCHESTRA

Align with the universe through Planetary Tuned Instruments

From the very beginning, the night sky has fascinated humankind. Stars, planets, and lunar cycles were not only used for orientation and timekeeping but also inspired myths, stories, and spiritual interpretations. Even today, many people find guidance in zodiac signs and ascendants, seeing reflections of personality traits or life questions. Within this interplay of astronomical order and personal experience lies the meaning of **planetary tuned instruments**: they connect with the harmony of the celestial bodies and make it tangible through sound.

Every planet in the universe leaves behind a sound.

The celestial bodies in our solar system move in specific rotations and orbits. This movement creates vibrations with frequencies so low that they are inaudible to humans.

Swiss mathematician and musicologist Hans Cousto used the law of the **Cosmic Octave** to bring those low frequencies of the planets into a range that we can hear.

This allows us not only to listen to the sound of the universe but also to immerse in it and experience the effects of planetary tones on our body, mind and soul.

As within, so without

In some philosophies, humans are understood as a mirror of the cosmos. Everything that happens outside of us also happens inside us. According to this view, the vibrations of the universe are also deeply anchored within ourselves. The planetary tones are intended to remind us of this connection, promoting a sense of harmony and unity.

The Power of Planetary Sounds

Each planetary vibration carries its own unique quality. When we resonate with them, their effect can unfold and help us getting into a new perspective on how we perceive certain situations and challenges in life.



EARTH YEAR/OM – Inner Peace & Grounding

- » Often assigned to the Heart Chakra
- » Promotes deep relaxation, inner peace and harmony
- » Supports grounding and stabilizing practices



SUN – Radiating Power

- » Often assigned to the Solar Plexus Chakra
- » A powerful frequency to boost energy flow
- » Awakens the inner sun – willpower & vitality



SYNODIC MOON – Vibrant & Passionate

- » Often assigned to the Sacral Chakra
- » Promotes sensuality
- » Supports expression of emotions



JUPITER – Primal Trust & Harmony

- » Assigned to the zodiac sign Sagittarius
- » Mediates between tension and relaxation
- » Promotes harmony and relaxation



Planetary Tuned Tuning Forks see page 48

CRYSTAL SINGING BOWLS

1



Schumann Resonance, 12" / 30 cm
PCSB12SF



Venus, 12" / 30 cm
PCSB12V



Synodic Moon, 12" / 30 cm
PCSB12MSY



Synodic Day, 12" / 30 cm
PCSB12ESY



Jupiter, 12" / 30 cm
PCSB12J



Chiron, 12" / 30 cm
PCSB12CH



Earth Platonic Year, 12" / 30 cm
PCSB12EPL



Mars, 12" / 30 cm
PCSB12MA



Mercury, 12" / 30 cm
PCSB12ME



Earth Year/Om, 12" / 30 cm
PCSB12E



Sun, 12" / 30 cm
PCSB12S



2



Set, 7 pcs.
PCSBSETCHA

CRYSTAL SINGING BOWLS

1 PLANETARY TUNED CRYSTAL SINGING BOWLS

- SIZE** 12" / 30 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING**
- CH:** Chiron 172.86 Hz ≈ F3
 - E:** Earth Year/Om 136.10 Hz (audible 272.2 Hz ≈ C#4)
 - EPL:** Earth Platonic Year 172.06 Hz ≈ F3
 - ESY:** Synodic Day 194.18 Hz ≈ G3
 - J:** Jupiter 183.58 Hz ≈ F#3
 - MA:** Mars 144.72 Hz (audible 289.44 Hz ≈ D4)
 - ME:** Mercury 141.27 Hz (audible 282.54 Hz ≈ C#4)
 - MSY:** Synodic Moon 210.42 Hz ≈ G#3
 - S:** Sun 126.22 Hz (audible 252.44 Hz ≈ B3)
 - SF:** Schumann Resonance 250.56 Hz ≈ B3
 - V:** Venus 221.23 Hz ≈ A3

- FEATURES**
- Made of high-purity quartz
 - White-frosted
 - Extremely long-lasting resonance
 - Printed symbol
- INCLUDES**
- White silicone ring

2 PLANETARY TUNED CRYSTAL SINGING BOWL CHAKRA SET


- CONTAINS**
- PCSB12EPL (Crown Chakra)
 - PCSB12V (Brow Chakra)
 - PCSB12ME (Throat Chakra)
 - PCSB12E (Heart Chakra)
 - PCSB12S (Solar Plexus Chakra)
 - PCSB12MSY (Sacral Chakra)
 - PCSB12ESY (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
 - Crystal Silicone Rod (CSBRL)
 - Crystal Singing Bowl Mallet (CSBM)

Qi Harmony

Sound Healing Rooted in Chinese Wisdom

I was born in China, spent my youth in Australia, and later became a Daoist priest in Thailand. Carrying these multiple cultural threads – and after more than two decades of research and teaching in the field of sound healing – I've come to believe deeply in one thing: sound is a powerful gateway to inner balance. The philosophy of TCM Sound Healing, I believe, holds profound potential for human well-being around the world.

My collaboration with Meinel Sonic Energy began through a kind of serendipity. When I first proposed the idea for the **TCM Series**, the team offered me incredible trust and freedom. From that moment, the process of creating the instruments felt less like design and more like transmission – almost as if the universe was speaking through me. Ancient Chinese wisdom was simply finding a new form: one that anyone could access through sound.



The TCM Sound Healing collection continues to expand. Beyond Tuning Forks and Sonopuncture (see page 55), we are also exploring the dimension of **Sono-Feng Shui** – using **vibrational tools like TCM Crystal Singing Bowls to harmonize energy fields in space**. These bowls bring not just tone, but texture and atmosphere. They work not through points, but through fields. Their resonance spreads like qi itself – subtle, spacious, and enveloping – helping regulate breath, mood, and energetic alignment between the body and its environment.

I often say: TCM Sound Healing is not "the sound of ancient China" – it is a modern language born from ancient wisdom. These Crystal Singing Bowls invite everyone to experience how resonance can transform space and reconnect us with the invisible flow of qi.

[Read more about the TCM Tuning Forks on page 54](#)



About Woodie Wulin

Born in China, Woodie Wulin spent time living in Australia and is now based in Thailand. He is the officially recognized Chinese heritage inheritor of the TCM Sound Therapy project and one of Asia's leading sound healing educators, with a large student base in the region. As an ordained Daoist priest, he incorporates Daoist philosophy, Qigong, and Feng Shui into his approach to healing. He collaborated with Meinel Sonic Energy to create the TCM Series, empowering more practitioners to explore and apply Sonopuncture – an ancient and profound sound therapy method rooted in Traditional Chinese Medicine.

CRYSTAL SINGING BOWLS

1 NEW



Fire, 8" / 20 cm
TCMCSB8-F

NEW



Water, 8" / 20 cm
TCMCSB8-WT

CO-DEVELOPED WITH
WOODIE WULIN



NEW



Earth, 10" / 25 cm
TCMCSB10-E

NEW



Metal, 10" / 25 cm
TCMCSB10-M

NEW



Wood, 10" / 25 cm
TCMCSB10-WD

2 NEW



BAGS & SLEEVES INCLUDED

Set, 5 pcs.
TCMCSBSETS

3 NEW

BAG & SLEEVE INCLUDED



Set, 2 pcs.
TCMCSBSET2

CRYSTAL SINGING BOWLS

1 TCM CRYSTAL SINGING BOWLS

- SIZES** **TCMCSB8:** 8" / 20 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING**
E: 256 Hz ≈ C4
F: 384 Hz ≈ G4
M: 288 Hz ≈ D4
WD: 324 Hz ≈ E4
WT: 432 Hz ≈ A4
- FEATURES** Inspired by the philosophy of TCM
 Designed to harmonize the body's energy system
 Made of high-purity quartz
 Extremely long-lasting resonance
- INCLUDES** White silicone ring

2 TCM CRYSTAL SINGING BOWL SET, 5 PCS.

- CONTAINS** TCMCSB8-F (Fire)
 TCMCSB8-WT (Water)
 TCMCSB10-E (Earth)
 TCMCSB10-M (Metal)
 TCMCSB10-WD (Wood)
- INCLUDES** 5 x white silicone ring
 Crystal Silicone Rod (CSBRL)
 Crystal Singing Bowl Mallet (CSBM)
 3 x bag
 2 x sleeve

3 TCM CRYSTAL SINGING BOWL YIN & YANG SET, 2 PCS.

- CONTAINS** Yin (12"; 210.42 Hz ≈ G#3)
 Yang (14"; 252.44 Hz ≈ B3)
- INCLUDES** 2 x white silicone ring
 Crystal Silicone Rod (CSBRL)
 Crystal Singing Bowl Mallet (CSBM)
 1 x bag
 1 x sleeve

CRYSTAL SINGING BOWLS



Root Chakra, 12" / 30 cm
CSBM12C4



Crown Chakra, 12" / 30 cm
CSBM12B3



Brow Chakra, 12" / 30 cm
CSBM12A3



Throat Chakra, 12" / 30 cm
CSBM12G3



Heart Chakra, 12" / 30 cm
CSBM12F3



Solar Plexus Chakra, 14" / 35 cm
CSBM14E3



Sacral Chakra, 16" / 40 cm
CSBM16D3

2 NEW

BAGS & SLEEVE INCLUDED



Root Chakra, 16" / 40 cm
CSBM16C3



Set, 3 pcs.
CSBMSETCEG

1 CRYSTAL SINGING BOWLS, 440 HZ

- SIZES** **CSBM12:** 12" / 30 cm diameter
CSBM14: 14" / 35 cm diameter
CSBM16: 16" / 40 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING** A4/a' 440 Hz
CSBM12C4: Root Chakra, C4
CSBM12B3: Crown Chakra, B3
CSBM12A3: Brow Chakra, A3
CSBM12G3: Throat Chakra, G3
CSBM12F3: Heart Chakra, F3
CSBM14E3: Solar Plexus Chakra, E3
CSBM16D3: Sacral Chakra, D3
CSBM16C3: Root Chakra, C3
- FEATURES** Made of high-purity quartz
White-frosted
Extremely long-lasting resonance
- INCLUDES** White silicone ring

2 CRYSTAL SINGING BOWL SET, 440 HZ

- CONTAINS** CSBM12G3 (Throat Chakra)
CSBM14E3 (Solar Plexus Chakra)
CSBM16C3 (Root Chakra)
- INCLUDES** 3 x white silicone ring
Crystal Silicone Rod (CSBRL)
Crystal Singing Bowl Mallet (CSBM)
2 x bag
1 x sleeve



3 **440 Hz**



Crown Chakra, 8" / 20 cm
CSBC8B



Brow Chakra, 9" / 22 cm
CSBC9A



Throat Chakra, 10" / 25 cm
CSBC10G



Heart Chakra, 11" / 28 cm
CSBC11F



Solar Plexus Chakra, 12" / 30 cm
CSBC12E



Sacral Chakra, 13" / 33 cm
CSBC13D



Root Chakra, 14" / 35 cm
CSBC14C

4



Set, 7 pcs.
CSBCSETCHA



CRYSTAL SINGING BOWL TRAVEL BAG SET
(SEE PAGE 21)



CSBPSSET3

CRYSTAL SINGING BOWLS

3 CRYSTAL SINGING BOWLS COLOR-FROSTED

- SIZES**
- CSBC8**: 8" / 20 cm diameter
 - CSBC9**: 9" / 22 cm diameter
 - CSBC10**: 10" / 25 cm diameter
 - CSBC11**: 11" / 28 cm diameter
 - CSBC12**: 12" / 30 cm diameter
 - CSBC13**: 13" / 33 cm diameter
 - CSBC14**: 14" / 35 cm diameter
- MATERIAL**
Gemstone (Quartz)
- TUNING**
A4/a' 440 Hz
- CSBC8B**: Crown Chakra, B4
 - CSBC9A**: Brow Chakra, A4
 - CSBC10G**: Throat Chakra, G4
 - CSBC11F**: Heart Chakra, F4
 - CSBC12E**: Solar Plexus Chakra, E4
 - CSBC13D**: Sacral Chakra, D4
 - CSBC14C**: Root Chakra, C4

- FEATURES**
Made of high-purity quartz
Gradient color (exterior frosted color)
Extremely long-lasting resonance
- INCLUDES**
White silicone ring
- COLORS**
- CSBC8B**: Purple
 - CSBC9A**: Dark Blue
 - CSBC10G**: Light Blue
 - CSBC11F**: Green
 - CSBC12E**: Yellow
 - CSBC13D**: Orange
 - CSBC14C**: Red

4 CRYSTAL SINGING BOWL COLOR-FROSTED CHAKRA SET

- CONTAINS**
- CSBC8B (Crown Chakra)
 - CSBC9A (Brow Chakra)
 - CSBC10G (Throat Chakra)
 - CSBC11F (Heart Chakra)
 - CSBC12E (Solar Plexus Chakra)
 - CSBC13D (Sacral Chakra)
 - CSBC14C (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
 - Crystal Silicone Rods (CSBRM, CSBRHL)
 - Crystal Singing Bowl Mallet (CSBM)

CRYSTAL SINGING BOWL ACCESSORIES

1



78" / 200 cm, Navy Blue
MMR1NB

78" / 200 cm, Vintage Gold
MMR1VG

2

NEW



13.8" / 35 cm, Beige
MMC1

3



Mallet
CSBM

4



Medium **CSBRM** Large **CSBRL**

Medium **CSBRHM** Large **CSBRHL**

5

NEW



Medium **CSBSMM** Large **CSBSML**

SOUND BATH DOUBLE
MALLETS (SEE PAGE 32)



SB-PDM-FS-M **SB-PDM-FS-L**

1 MEDITATION RUGS

SIZE 78" / 200 cm diameter
MATERIALS 45% cotton, 45% polyester, 10% viscose
FEATURES Suitable as the center of your meditation instruments; Calming spot for relaxation; Washable at 30°C

2 MEDITATION CUSHION

SIZE 13.8" / 35 cm diameter, 6.7" / 17 cm height
MATERIALS Cotton; Buckwheat filling
FEATURE Washable at 30°C

3 CRYSTAL SINGING BOWL Mallet

SIZE 7.8" / 19.8 cm
MATERIALS Wood; Silicone
FEATURE Perfect for gently tapping or rubbing crystal singing bowls

4 CRYSTAL SILICONE RODS

SIZES **M:** Medium (7.8" / 19.8 cm)
L: Large (9.0" / 22.8 cm)
MATERIAL Silicone coated glass
FEATURES Perfect for crystal singing bowls; Super soft surface for silent play
CSBRHM, CSBRHL: Glass handle for a comfortable grip

5 CRYSTAL SINGING BOWL SUEDE MALLETS

SIZES **M:** Medium (7.9" / 20 cm)
L: Large (9.1" / 23 cm)
MATERIAL Suede leather
FEATURE Perfect for essence crystal singing bowls & chalices

6



8" / 20 cm
CSBB8BR

10" / 25 cm
CSBB10BR

12" / 30 cm
CSBB12BR

14" / 35 cm
CSBB14BR

16" / 40 cm
CSBB16BR

7



8" / 20 cm
CSBS8BR

9" / 22 cm
CSBS9BR

10" / 25 cm
CSBS10BR

11" / 28 cm
CSBS11BR

12" / 30 cm
CSBS12BR

13" / 33 cm
CSBS13BR

14" / 35 cm
CSBS14BR

16" / 40 cm
CSBS16BR

8



Set, 7 pcs.
CSBPSSET2

9



Set, 8 pcs.
CSBPSSET3

CRYSTAL SINGING BOWLS

6 CRYSTAL SINGING BOWL BAGS

SIZES **CSBB8**: For 8" crystal singing bowls
CSBB10: For 9" to 10" crystal sing. bowls
CSBB12: For 11" to 12" crystal sing. bowls
CSBB14: For 13" to 14" crystal sing. bowls
CSBB16: For 15" to 16" crystal sing. bowls

MATERIAL Heavy-duty nylon
FEATURES Secure storage and transport; Carrying grip; Double-slide zipper; External pocket

COLOR **BR**: Brown

7 CRYSTAL SINGING BOWL SLEEVES

SIZES **CSBS8**: For 8" crystal singing bowls
CSBS9: For 9" crystal singing bowls
CSBS10: For 10" crystal singing bowls
CSBS11: For 11" crystal singing bowls
CSBS12: For 12" crystal singing bowls
CSBS13: For 13" crystal singing bowls
CSBS14: For 14" crystal singing bowls
CSBS16: For 16" crystal singing bowls

MATERIAL Heavy-duty nylon
FEATURE Secure storage
COLOR Brown

8 CRYSTAL SINGING BOWL SLEEVE SET

CONTAINS 7 x sleeve: 8", 9", 10", 11", 12", 13", 14"
FEATURE Secure storage for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

9 CRYSTAL SINGING BOWL TRAVEL BAG SET

CONTAINS 6 x sleeve: 8", 9", 10", 11", 12", 13"
2 x carrying bag 14"
FEATURE Secure storage and transport for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

CRYSTAL SINGING BOWLS

1



963 Hz, 3.25" / 8.3 cm
ESOLCSB963



La 852 Hz, 3.75" / 9.5 cm
ESOLCSB852



Sol 741 Hz, 3.75" / 9.5 cm
ESOLCSB741



Fa 639 Hz, 4.25" / 10.8 cm
ESOLCSB639



Mi 528 Hz, 4.5" / 11.5 cm
ESOLCSB528



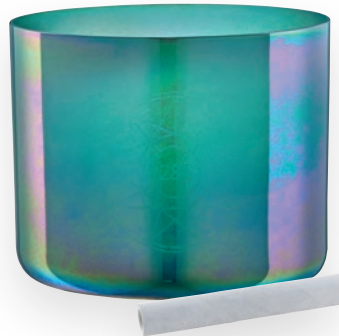
ONE BAG PER BOWL INCLUDED



Re 417 Hz, 5.75" / 14.6 cm
ESOLCSB417



Ut 396 Hz, 5.75" / 14.6 cm
ESOLCSB396



285 Hz, 6.75" / 17 cm
ESOLCSB285



174 Hz, 8" / 20 cm
ESOLCSB174

1 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWLS

SIZES
ESOLCSB174: 8" / 20 cm diameter
ESOLCSB285: 6.75" / 17 cm diameter
ESOLCSB396: 5.75" / 14.6 cm diameter
ESOLCSB417: 5.75" / 14.6 cm diameter
ESOLCSB528: 4.5" / 11.5 cm diameter
ESOLCSB639: 4.25" / 10.8 cm diameter
ESOLCSB741: 3.75" / 9.5 cm diameter
ESOLCSB852: 3.75" / 9.5 cm diameter
ESOLCSB963: 3.25" / 8.3 cm diameter

MATERIAL Gemstone (Quartz, galvanised)

TUNING
174: 174 Hz
285: 285 Hz
396: Ut 396 Hz
417: Re 417 Hz
528: Mi 528 Hz
639: Fa 639 Hz
741: Sol 741 Hz
852: La 852 Hz
963: 963 Hz

FEATURES Clear, strong and rich vibrations; Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

INCLUDES Carrying bag
 Suede mallet (CSBSMM)
ESOLCSB174, ESOLCSB285: Silicone ring

COLORS
ESOLCSB174: Brandy Rose
ESOLCSB285: Turquoise Green
ESOLCSB396: Olive Green
ESOLCSB417: Copper Brown
ESOLCSB528: Sunrise Blue
ESOLCSB639: Indigo Blue
ESOLCSB741: Lavender Purple
ESOLCSB852: Mango Mojito
ESOLCSB963: Coral Reef



2 BAGS INCLUDED



Set, 6 pcs.
ESOLCSBSET

3 **NEW**

BAG INCLUDED

432 Hz



Brow Chakra, 5.5" / 14 cm
ECSB432LF

4 **NEW**

Up to ~0.59"
WSS

Up to ~0.63"
WSM

Up to ~0.79"
WSL



2 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWL SET

CONTAINS ESOLCSB396
ESOLCSB417
ESOLCSB528
ESOLCSB639
ESOLCSB741
ESOLCSB852

INCLUDES 2 x carrying bag
4 x suede mallet (CSBSMM)

3 ESSENCE CRYSTAL SINGING BOWL, 432 HZ

SIZE 5.5" / 14 cm diameter
MATERIAL Gemstone (Quartz, galvanised)
TUNING A4/a' 432 Hz, Brow Chakra, A4
INCLUDES Suede mallet (CSBSMM)
Bag
COLOR Slate Blue

4 WOODEN HOLDERS FOR ESSENCE CRYSTAL SINGING BOWLS & CRYSTAL TUNING FORKS

SIZES **WSS:** Up to ~0.59" / 1.5 cm handle diameter (ESOLCSB528, ESOLCSB639, ESOLCSB741, ESOLCSB852, ESOLCSB963, SOLCTF285, SOLCTF396, SOLCTF417, SOLCTF528)
WSM: Up to ~0.63" / 1.6 cm handle diameter (CTF440F16, ESOLCSB528, ESOLCSB639, ESOLCSB741, ESOLCSB852, ESOLCSB963, SOLCTF174)
WSL: Up to ~0.79" / 2 cm handle diameter (ECSB432LF, ESOLCSB396, ESOLCSB417)



CRYSTAL SINGING BOWLS

CRYSTAL SINGING BOWLS

1 440 Hz



Solar Plexus Chakra, 6" / 15 cm
ECSB6E4CL



Root Chakra, 6.7" / 17 cm
ECSB67C4OR



Crown Chakra, 7" / 18 cm
ECSB7B3C



Throat Chakra, 7.5" / 19 cm
ECSB75G3LPK



Heart Chakra, 8" / 20 cm
ECSB8F3MB

ONE BAG PER BOWL INCLUDED



2

440 Hz



Set, 3 pcs.
ECSBSETEBG

440 Hz



Set, 3 pcs.
ECSBSETECG

3 NEW

128 Hz



Flower of Life, 9" / 22 cm
ECSB128FOL

1 ESSENCE CRYSTAL SINGING BOWLS

SIZES
ECSB6E4CL: 6" / 15 cm diameter
ECSB67C4OR: 6.7" / 17 cm diameter
ECSB7B3C: 7" / 18 cm diameter
ECSB75G3LPK: 7.5" / 19 cm diameter
ECSB8F3MB: 8" / 20 cm diameter

MATERIAL Gemstone (Quartz, galvanised)
TUNING A4/a' 440 Hz

ECSB6E4CL: Solar Plexus Chakra, E4
ECSB67C4OR: Root Chakra, C4
ECSB7B3C: Crown Chakra, B3
ECSB75G3LPK: Throat Chakra, G3
ECSB8F3MB: Heart Chakra, F3

FEATURES Clear, strong and rich vibrations; Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance
INCLUDES White silicone ring
 Crystal silicone rod (CSBRM)
 Bag

COLORS
ECSB6E4CL: Clear
ECSB67C4OR: Orange
ECSB7B3C: Creamy
ECSB75G3LPK: Lotus Pink
ECSB8F3MB: Mint Blue

2 ESSENCE CRYSTAL SINGING BOWL SETS

CONTAINS **ECSBSETEBG:**
 ECSB6E4CL (Solar Plexus Chakra)
 ECSB7B3C (Crown Chakra)
 ECSB75G3LPK (Throat Chakra)
ECSBSETECG:
 ECSB6E4CL (Solar Plexus Chakra)
 ECSB67C4OR (Root Chakra)
 ECSB75G3LPK (Throat Chakra)
INCLUDES 3 x white silicone ring
 2 x crystal silicone rod (CSBRM)
 3 x bag

3 FLOWER OF LIFE ESSENCE CRYSTAL SINGING BOWL

SIZE 9" / 22 cm diameter
MATERIAL Gemstone (Quartz, galvanised)
TUNING 128 Hz, C3
FEATURES Made of high-purity quartz with a clear, deep, and harmonious tone; Tuned to 128 Hz – the "master tone" for grounding and inner balance; Perfect for relaxation, sound therapy, and meditation
INCLUDES White silicone ring
 Suede mallet (CSBSML)
 Bag
COLOR Light Rose Gold

CRYSTAL SINGING CHALICES & BAGS



Heart Chakra,
Flower of Life, 6" / 15 cm
CSC6FPFOL



Heart Chakra,
Flower of Life, 8" / 20 cm
CSC8FPFOL



Brow Chakra, 5.5" / 14 cm
CSC55AC



Root Chakra, 6.75" / 17 cm
CSC675CC



Crown Chakra, 7" / 18 cm
CSC7BCL



CRYSTAL SINGING BOWL SUEDE
MALLETS (SEE PAGE 20)



CSBSMM CSBSML

2



6" / 15 cm
CSCB6BR



7" / 18 cm
CSCB7BR



8" / 20 cm
CSCB8BR

CRYSTAL SINGING CHALICES

1 CRYSTAL SINGING CHALICES

SIZES **CSC55AC:** 5.5" / 14 cm diameter
CSC6FPFOL: 6" / 15 cm diameter
CSC675CC: 6.75" / 17 cm diameter
CSC7BCL: 7" / 18 cm diameter
CSC8FPFOL: 8" / 20 cm diameter

MATERIAL Gemstone (Quartz, galvanised)

TUNING A4/a' 440 Hz
CSC55AC: Brow Chakra, A4
CSC6FPFOL: Heart Chakra, F4
CSC675CC: Root Chakra, C4
CSC7BCL: Crown Chakra, B3
CSC8FPFOL: Heart Chakra, F3

FEATURES Clear, strong and rich vibrations;
Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

FINISHES **CSC55AC, CSC675CC:** Creamy
CSC6FPFOL: Pink
CSC7BCL: Clear
CSC8FPFOL: Purple

SYMBOL **FOL:** Flower of Life

2 CRYSTAL SINGING CHALICE BAGS

SIZES **CSCB6:** For 5.5" to 6" singing chalices
CSCB7: For 6.5" to 7" singing chalices
CSCB8: For 7.5" to 8" singing chalices

MATERIAL Heavy-duty nylon

FEATURES Secure storage and transport; Carrying grip; Double-slide zipper; External pocket

COLOR **BR:** Brown

A Love called Singing Bowls



Singing bowls are fascinating instruments that can be used for everything from yoga and meditation to massages, beauty treatments, music, and even in kindergartens and schools.

My journey with them began in 2014 during a Silent Meditation Retreat in a Nepalese Buddhist Monastery, where one of the monks used the same singing bowl every morning to end the silent meditation. I could feel an intense resonance in my body, and as soon as I came back home, I started researching but didn't get the results I was expecting.

A couple of months later, I came across the singing bowls of Sonic Energy during the Meinl Percussion Festival, and a small set of four Cosmos singing bowls marked the beginning of a deeper exploration. I took some courses but soon realized I needed to do my own research to truly understand these instruments.

Here's what I learned

First and foremost: quality and condition are crucial. It's essential that singing bowls are of excellent quality, especially when we seek healing effects from them. Not every bowl is capable of producing the resonances needed for healing, which is why we must carefully research and choose wisely. As a teacher, I often encounter a variety of bowls brought by my students to courses. We measure their frequencies and tones, and many are surprised to discover that the bowl's true characteristics differ from what they initially thought or why they purchased it.

Sonic Energy brought reliable quality to the European market, making it possible to buy online with confidence. While I honor the ancient legacy of bowls, I embrace a modern approach, blending tradition with today's fast-paced world.

Yin & Yang aspects of Singing Bowls

The singing bowl represents the feminine (yin), while the mallet is the masculine aspect (yang). Every time we strike the bowl, we are co-creating harmony and balance, symbolizing new life and fulfillment. Each bowl has a unique "personality," and surprisingly, some don't always sing, which is why I teach my students to carefully listen to their instruments. If you listen closely, you'll learn that each bowl communicates.

As soon as you enter the energetic field of a person or yourself, observe how the sound and resonance develop. If the sound fades quickly, focus on that area until the resonance deepens. This indicates the body is relaxing, shifting from disharmony to balance. Therapeutic bowls like the Cosmos or Energy series (see pages 29, 30) help to reset the body with their rich vibration. This practice can also be helpful for mental well-being when played softly near the head.



I don't follow a strict structure. Over the years, I've developed my own approach, using bowls flexibly based on the client's needs and the bowl's response. Each session becomes a creative, personalized healing experience because everyone is different.

I still work daily with my first Cosmos bowls, along with two Universal series bowls. Since the Origin series (see page 31) came out, I've integrated them for their clear meditative sound. Two years ago, I added a 13000 g Grounding Bowl (see page 31), which everyone loves.

Singing bowls are pure love, revealing their secret world to us and enriching our lives. Enjoy your journey with your favorite singing bowls!

About Lucia

Lucia Nosko is a Sound Healer based in Slovakia who has been using Sound Therapy to help people improve their physical, emotional, and spiritual well-being. With her Sound Healing Slovakia practice, Lucia offers individual sessions, workshops, and group sound baths using a variety of instruments such as singing bowls and gongs. Lucia is passionate about sharing the transformative power of sound and being a Brand Ambassador for Sonic Energy since 2024.

www.soundhealingslovakia.sk

Enhance Your Relaxation Practice with the Transformative Power of Sound

Yoga Nidra, also known as "yogic sleep", is a state of conscious relaxation induced through a guided meditation practice. This form of meditation brings about deep physical, emotional, and mental relaxation.

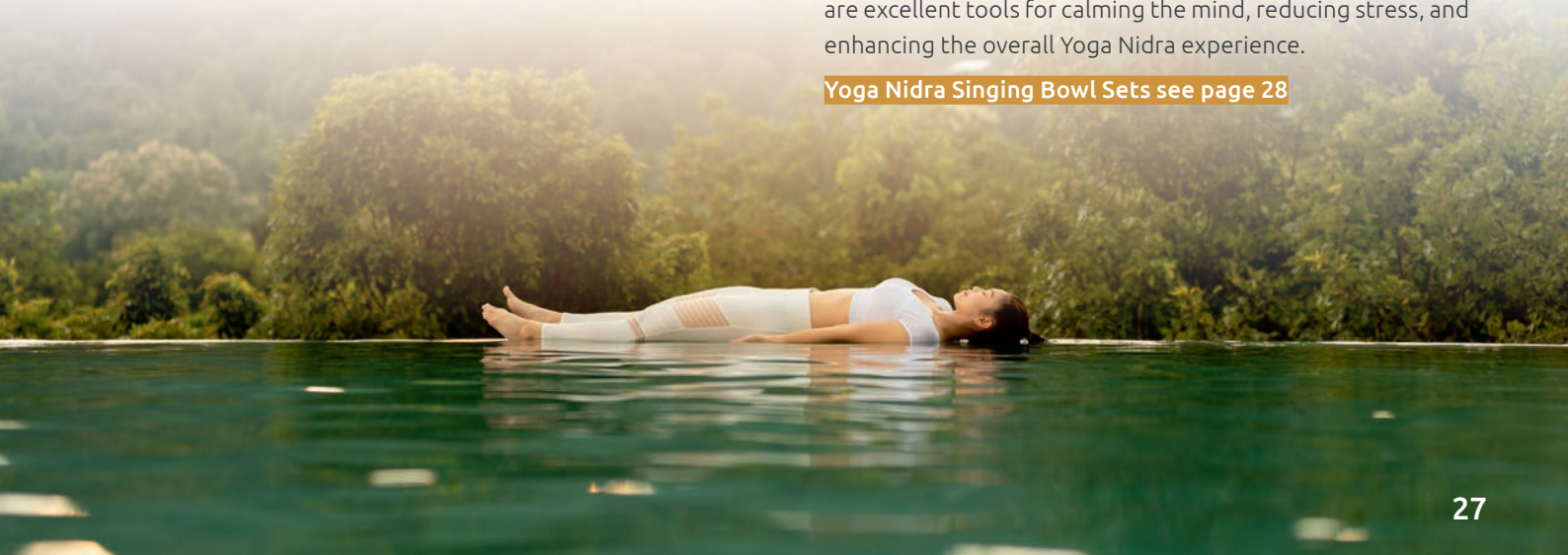
During Yoga Nidra, the mind is led through various mindfulness exercises, including awareness of physical sensations, breathing techniques, visualizations, and feelings of inner peace.

The goals of Yoga Nidra range from promoting relaxation and stress reduction to supporting self-healing and spiritual growth. Regular practice can improve overall well-being, calm the mind, and relieve emotional stress. Supported by the transformative power of sound, this experience becomes even more profound.

The Sonic Energy 3-piece Yoga Nidra Singing Bowl Set is handcrafted in India from a special bronze alloy, ensuring a high-quality sound experience. These three singing bowls can be used individually or together to deepen your Yoga Nidra practice, creating a soothing, immersive atmosphere. Their rich tones guide you into a state of deep relaxation, making them the perfect companion for achieving balance and inner peace during meditation.

For a more profound experience, the 5-piece Singing Bowl Set expands the sound range, offering a more dynamic and versatile meditation session. The additional bowls provide a variety of tones tailored to each phase of practice, fostering deeper relaxation and smoother energy flow. Whether used in personal meditation or group sessions, these sets are excellent tools for calming the mind, reducing stress, and enhancing the overall Yoga Nidra experience.

Yoga Nidra Singing Bowl Sets see page 28



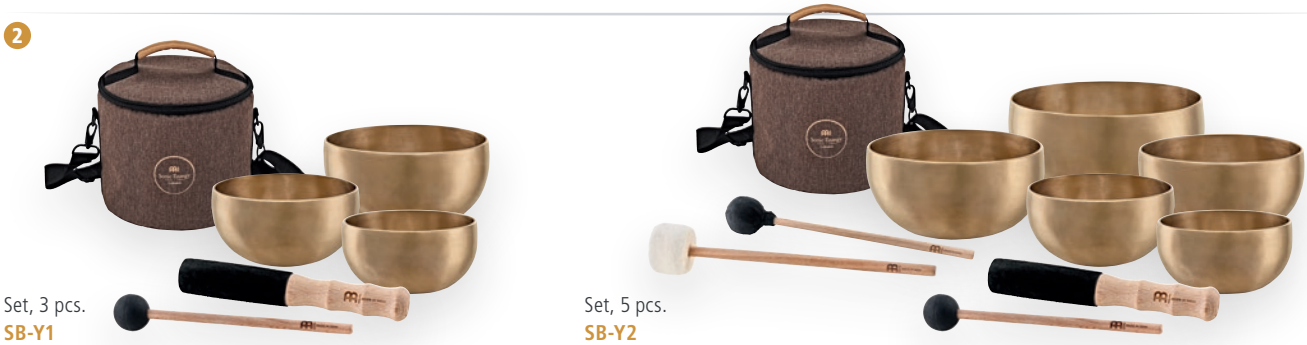
SINGING BOWLS

1



~400 g **SB-U-400** ~500 g **SB-U-500** ~600 g **SB-U-600** ~700 g **SB-U-700** ~750 g **SB-U-750** ~1000 g **SB-U-1000** ~1700 g **SB-U-1700** ~2300 g **SB-U-2300**

2



Set, 3 pcs.
SB-Y1

Set, 5 pcs.
SB-Y2

3



Set, 2 pcs.
SB-U-900

Set, 3 pcs.
SB-U-1500

Set, 4 pcs.
SB-U-1750

Set, 3 pcs.
SB-U-1950

Set, 5 pcs.
SB-U-2950



Set
SB-SET-FOL600

1 UNIVERSAL SINGING BOWLS

DIMENSIONS **SB-U-400**: ~4.5" diameter; ~400 g
SB-U-500: ~4.9" diameter; ~500 g
SB-U-600: ~5.5" diameter; ~600 g
SB-U-700: ~5.9" diameter; ~700 g
SB-U-750: ~6.5" diameter; ~750 g
SB-U-1000: ~8.3" diameter; ~1000 g
SB-U-1700: ~9.8" diameter; ~1700 g
SB-U-2300: ~11.2" diameter; ~2300 g

MATERIAL Special bronze alloy
FEATURES Ideal for yoga and meditation
 Handcrafted masterpiece made in India
INCLUDES Corresponding cover and felt ring

2 YOGA NIDRA SINGING BOWL SETS

CONTAINS **SB-Y1**: SB-U-400, SB-U-500, SB-U-600
SB-Y2: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750

FEATURES Guides through the stages of Yoga Nidra; Promotes deep relaxation and stress relief; Use individually or as a set

INCLUDES **SB-Y1**: Carrying bag (CBCB), corresponding covers, fleece pads and two different mallets
SB-Y2: Carrying bag (CBCB), corresponding covers, fleece pads and four different mallets

3 UNIVERSAL SINGING BOWL SETS

CONTAINS **SB-U-900**: SB-U-400, SB-U-500
SB-U-1500: SB-U-400, SB-U-500, SB-U-600

SB-U-1750: SB-U-400, SB-U-500, SB-U-600, SB-C-250
SB-U-1950: SB-U-500, SB-U-700, SB-U-750
SB-U-2950: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750
INCLUDES Corresponding covers and felt rings
 Resonant Mallet (SB-RM-LE)
SB-U-2950: Mallet (SB-M-LT-S)

4 FLOWER OF LIFE SINGING BOWL SET

CONTAINS Engraved SB-U-600
INCLUDES Corresponding cover and buckwheat cushion
 Resonant Mallet (SB-RM-LE)
SYMBOL Flower of Life

5

SHAPE



NEW

~700 g
SB-E-700

~1000 g
SB-E-1000

~1400 g
SB-E-1400

~1800 g
SB-E-1800

~2200 g
SB-E-2200

~2750 g
SB-E-2750

6



Set, 3 pcs.
SB-E-3100



Set, 3 pcs.
SB-E-5400

Therapy
Basis Set



Set, 3 pcs.
SB-E-4600

SINGING BOWLS



5 ENERGY THERAPY SINGING BOWLS

DIMENSIONS SB-E-700: ~6.4" diameter; ~700 g
SB-E-1000: ~7.8" diameter; ~1000 g
SB-E-1400: ~9.0" diameter; ~1400 g
SB-E-1800: ~10.2" diameter; ~1800 g
SB-E-2200: ~11.4" diameter; ~2200 g
SB-E-2750: ~12.0" diameter; ~2750 g

MATERIAL Special bronze alloy
FEATURES Ideal for upper body sound massage
Reinforcement rim that will produce a high tone at first followed afterwards by a deep tone
Handcrafted masterpiece made in India
INCLUDES Corresponding cover and felt ring

6 ENERGY THERAPY SINGING BOWL SETS

CONTAINS SB-E-3100: SB-E-700, SB-E-1000, SB-E-1400
SB-E-4600: SB-E-1000, SB-E-1400, SB-E-2200
SB-E-5400: SB-E-1400, SB-E-1800, SB-E-2200
INCLUDES Corresponding covers and felt rings
SB-E-3100: Resonant Mallet (SB-RM-LE), Mallet (SB-M-ST-L)
SB-E-4600: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)
SB-E-5400: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)

SINGING BOWLS



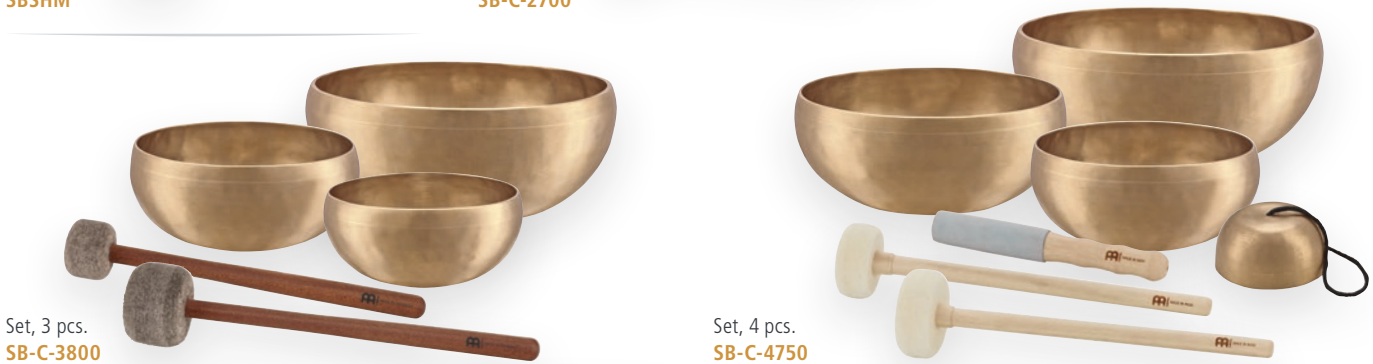
~250 g **SB-C-250** ~650 g **SB-C-650** ~800 g **SB-C-800** ~1000 g **SB-C-1000** ~1500 g **SB-C-1500** ~2000 g **SB-C-2000**



Medium **SBSHM**



Set, 4 pcs. **SB-C-2700**



Set, 3 pcs. **SB-C-3800**

Set, 4 pcs. **SB-C-4750**



Set, 7 pcs. **SB-SET-CHA**

1 COSMOS THERAPY SINGING BOWLS

DIMENSIONS **SB-C-250**: ~3.7" diameter; ~250 g
SB-C-650: ~5.8" diameter; ~650 g
SB-C-800: ~6.6" diameter; ~800 g
SB-C-1000: ~7.6" diameter; ~1000 g
SB-C-1500: ~9.0" diameter; ~1500 g
SB-C-2000: ~10.3" diameter; ~2000 g

MATERIAL Special bronze alloy

FEATURES Ideal for yoga and meditation; Generates a sustained deep tone that will fill a room with ambient sounds; Handcrafted masterpiece made in India

INCLUDES Corresponding cover and felt ring

2 SUCTION HOLDER

SIZE Medium (7.9")

MATERIALS Beech handle; PVC suction pad

FEATURES Direct healing vibrations to specific areas of the body; Perfect for therapeutic use; For singing bowls from 700 g to 1500 g

3 COSMOS THERAPY SINGING BOWL SETS

CONTAINS **SB-C-2700**: SB-C-250, SB-C-650, SB-C-800, SB-C-1000

SB-C-3800: SB-C-800, SB-C-1000, SB-C-2000

SB-C-4750: SB-C-250, SB-C-1000, SB-C-1500, SB-C-2000

INCLUDES Corresponding covers and felt rings

SB-C-2700: Resonant Mallet (SB-RM-LE), Mallet (SB-M-LT-S)

SB-C-3800: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)

SB-C-4750: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)

4 SINGING BOWL CHAKRA SET

CONTAINS SB-C-250 (Crown Chakra), SB-E-700 (Brow Chakra), SB-E-1000 (Throat Chakra), SB-E-1400 (Heart Chakra), SB-C-1500 (Solar Plexus Chakra), SB-E-1800 (Sacral Chakra), SB-E-2200 (Root Chakra)

INCLUDES Corresponding covers and felt rings
Mallets (SB-M-LT-L, SB-M-ST-L, SB-M-ST-S, SB-M-LT-S)

Professional Mallet (SB-PDM-F-XL)

5



~600 g
SB-O-600



~700 g
SB-O-700



~900 g
SB-O-900

6



Set, 3 pcs.
SB-O-2200

7



~5000 g
SB-G-5000



~6000 g
SB-G-6000



~9000 g
SB-G-9000

CUSHION INCLUDED



~10000 g
SB-G-10000



~11000 g
SB-G-11000



~12000 g
SB-G-12000



~13000 g
SB-G-13000



~14000 g
SB-G-14000



~15000 g
SB-G-15000

5 ORIGIN SINGING BOWLS

DIMENSIONS **SB-O-600**: ~5.1" diameter; ~600 g
SB-O-700: ~5.7" diameter; ~700 g
SB-O-900: ~6.7" diameter; ~900 g

MATERIAL Special bronze alloy
FEATURES Ideal for yoga and meditation
Handcrafted masterpiece made in India
INCLUDES Corresponding cover and felt ring

6 ORIGIN SINGING BOWL SET

CONTAINS SB-O-600, SB-O-700, SB-O-900
INCLUDES Corresponding covers and felt rings
Mallet (SB-M-ST-L)

7 GROUNDING SINGING BOWLS

DIMENSIONS **SB-G-5000**: ~15.8" diameter; ~5000 g
SB-G-6000: ~15.8" diameter; ~6000 g
SB-G-9000: ~18.9" diameter; ~9000 g
SB-G-10000: ~19.7" diameter; ~10000 g
SB-G-11000: ~20.5" diameter; ~11000 g
SB-G-12000: ~20.9" diameter; ~12000 g
SB-G-13000: ~22.1" diameter; ~13000 g
SB-G-14000: ~23.2" diameter; ~14000 g
SB-G-15000: ~23.2" diameter; ~15000 g

MATERIAL Special bronze alloy
FEATURES Ideal for sound therapy and can also be used for a full body experience by standing in these bowls; Handcrafted masterpiece made in India
INCLUDES Corresponding buckwheat cushion



SINGING BOWL ACCESSORIES &

1



2



3



4



5



6



1 MALLETS

DIMENSIONS **SB-M-ST-S:** Small felt tip; Small (8.27")
SB-M-LT-S: Large felt tip; Small (8.27")
SB-M-ST-L: Small felt tip; Large (12.44")
SB-M-LT-L: Large felt tip; Large (12.44")
MATERIAL Indian eucalyptus tree wood

2 PROFESSIONAL MALLETS

DIMENSIONS **SB-PM-SR-S:** Soft rubber tip; Small (8.86")
SB-PM-HFS-S: Hard felt, small tip; Small (8.86")
SB-PM-HFM-S: Hard felt, medium tip; Small (8.86")
SB-PM-HFL-L: Hard felt tip, Large (13.78")
SB-PM-MF-S: Medium felt tip; Small (12.01")
SB-PM-MF-M: Medium felt tip; Medium (12.99")

MATERIALS

SB-PM-MF-L: Medium felt tip; Large (13.78")
SB-PDM-F/R-S: Double Mallet; Felt & rubber tip; Small (9.25")
SB-PDM-F-XL: Double Mallet; Felt tips; X-Large (15.94")
MATERIALS Sapele wood handle except:
SB-PDM-F-XL: Maple handle

3 SOUND BATH DOUBLE MALLETS

DIMENSIONS **SB-PDM-FS-M:** Double Mallet; Felt & silicone tip; Medium (11.81")
SB-PDM-FS-L: Double Mallet; Felt & silicone tip; Large (13.78")
MATERIALS Sapele wood handle; Felt; Silicone
FEATURE Effortlessly switch between metallic and crystal singing bowls

4 GROUNDING SINGING BOWL Mallet

DIMENSIONS Fleece tip, XX-Large (27.56")
MATERIALS Beech wood handle; Synthetic fleece

5 RESONANT MALLETS

DIMENSIONS **SB-RM:** Plain; 7.91"
SB-RM-LE: Suede leather; 7.91"
SB-RM-LE-L: Suede leather; 10.24"
SB-RM-LE-XL: Suede leather; 10.63"
MATERIAL Indian eucalyptus tree wood

6 SINGING BOWL CARE SET

CONTAINS Cleaner (250 ml)
 Polish (250 ml)
 Protectant Spray (250 ml)
 Sponge
FEATURES Mild cleaning kit; Vegan, label-free; Specially designed for Tibetan singing bowls

NAGI, ORNAMENTAL, OM SINGING BOWLS



7
SB-FR-08
SB-FR-10
SB-FR-13
SB-FR-16



9
SB-BC-10
SB-BC-16
SB-BC-21
SB-BC-26



8
SB-CB-20 SB-CB-25 SB-CB-30 SB-CB-38 SB-CB-50



10
Set, 3 pcs.: ~170 g; ~260 g; ~340 g
SBZ1



~300 g
SB-OR-300-BK



~300 g
SB-OR-300-R



Set, 3 pcs.: ~170 g; ~260 g; ~340 g
SBZ2



~400 g
SB-OR-400-BK



~400 g
SB-OR-400-R



~300 g
SB-OM-300

7 FELT RINGS

SIZES SB-FR-08: 3.15" diameter
SB-FR-10: 3.94" diameter
SB-FR-13: 5.12" diameter
SB-FR-16: 6.3" diameter

MATERIAL Natural felt
FEATURE Nonslip

8 COTTON BAGS

SIZES SB-CB-20: 7.87" x 7.87"
SB-CB-25: 9.84" x 9.84"
SB-CB-30: 11.81" x 11.81"
SB-CB-38: 14.96" x 14.96"
SB-CB-50: 19.69" x 19.69"

MATERIALS Natural cotton linen fabric
Synthetic fleece inlay
FEATURES Safe transport method;
Prevents from scratches

9 BUCKWHEAT CUSHIONS

SIZES SB-BC-10: 3.94" diameter
SB-BC-16: 6.3" diameter
SB-BC-21: 8.27" diameter
SB-BC-26: 10.24" diameter

MATERIALS Natural cotton linen fabric
Buckwheat

10 NAGI SINGING BOWL SETS

SIZES 2.8"; 3.5"; 3.9" diameter
~170 g; ~260 g; ~340 g

MATERIAL Special cast alloy
FEATURES High and clear tone; Perfect for meditation
INCLUDES Cloth bags; Mallet
SBZ1: Felt coasters

11 ORNAMENTAL SINGING BOWLS

DIMENSIONS SB-OR-300: ~3.74" diameter; ~300 g
SB-OR-400: ~4.13" diameter; ~400 g

MATERIAL Special cast alloy
FEATURES Hand-painted ornamental design;
Great gift idea
SB-OR-300: Consistently warm,
high-pitched sound
SB-OR-400: Consistently warm,
low-pitched sound
INCLUDES Corresponding mallet and coaster
BK: Black gift box
R: Red gift box

12 OM SINGING BOWL

DIMENSIONS ~4.33" diameter; ~300 g

MATERIAL Special cast alloy
FEATURES Consistently warm, low-pitched sound;
Hand-painted Om design; Great gift idea
INCLUDES Corresponding mallet, ring and gift box

SOUNDSCAPE GONGS

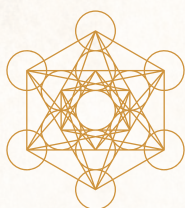
In the serene Franconian landscape, a ripple begins across still lakes, growing as it moves through the quiet hills. The air thickens with energy, and soon, the valleys hum in harmony with the earth. This is the sound of our Soundscape Gongs – deep, resonant, and alive – awakening the senses and filling the space with a calming yet powerful presence.

Sonic Energy Soundscape Gongs are meticulously crafted in Gutenstetten, Germany, producing a rich, complex soundscape that comes to life with even the gentlest touch.

The design also includes an easily playable edge, providing enough space for the mallet to strike. With a polished surface, these gongs not only sound impressive but also have a luxurious shine. Adorning this gleaming surface are detailed symbols, each carrying its own meaning and enhancing the visual appeal of the gong.



The Flower of Life represents the origin of all things through sacred geometry. The collaboration of numbers, shapes, and vibration belongs to the oldest myths of mankind. It is the strive to connect with our origin and to understand ourselves.



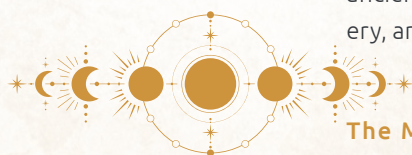
Metatron's Cube represents the flow of energy and the harmony of geometric patterns in the universe. It embodies balance, creation, and the interconnectedness of all things. This ancient symbol is believed to hold the key to understanding the structure of the cosmos and the unity between the physical and spiritual realms.



The Om Lotus symbolizes the union of spirituality and enlightenment. The lotus flower, rising from the mud to bloom beautifully, represents purity and spiritual growth, while the Om sound signifies the essence of the universe. Together, they embody the journey towards self-realization, inner peace, and the connection to the divine.



The Spiral symbolizes growth, evolution, and the journey of life. Through its ever-expanding form, it represents the continuous cycle of development and transformation. This ancient symbol reflects the quest for knowledge, self-discovery, and our connection to the universe.



The Moon Phases symbolize the cycles of change and renewal in life. As the moon transitions from new to full and back again, it reflects the ebb and flow of our experiences and emotions. This ancient symbol embodies the rhythm of nature, reminding us of the constant process of growth, transformation, and the passage of time.



The Solar System represents the intricate dance of celestial bodies, each orbiting around the sun. This cosmic arrangement symbolizes balance and harmony. It reflects humanity's quest to understand our place in the universe and the relationships between the planets, stars, and the greater cosmos.

1



Flower of Life, 22" / 55 cm
SGFOL22



Metatron's Cube, 22" / 55 cm
SGMC22



Om Lotus, 22" / 55 cm
SGOML22



Spiral, 22" / 55 cm
SGSP22



Moon Phases, 22" / 55 cm
SGMP22



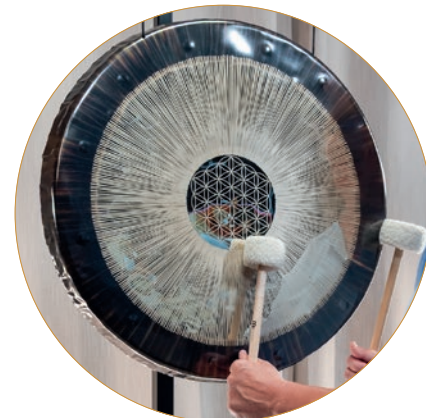
Solar System, 22" / 55 cm
SGSOLS22

2 DESIGNED IN COOPERATION
WITH JENS ZYGAR



NEW

BEATERS INCLUDED



Flower of Life, 24" / 60 cm
GFOL24

GONGS

Notice: Each Sonic Energy Gong is unique, variations in hammer patterns and coloration from the heating process may occur.

1 SOUNDSCAPE GONGS

- SIZE** 22" / 55 cm
- MATERIAL** Nickelsilver
- FEATURES** Made in Gutenstetten, Germany
Rich, dynamic soundscape
Polished surface for a luxurious shine
Easily playable edge
High-quality engraved symbol
- INCLUDES** Travel bag, Gong Handle (G-HANDLE) and gloves
- SYMBOLS** **SGFOL22:** Flower of Life
SGMC22: Metatron's Cube
SGMP22: Moon Phases
SGOML22: Om Lotus
SGSOLS22: Solar System
SGSP22: Spiral

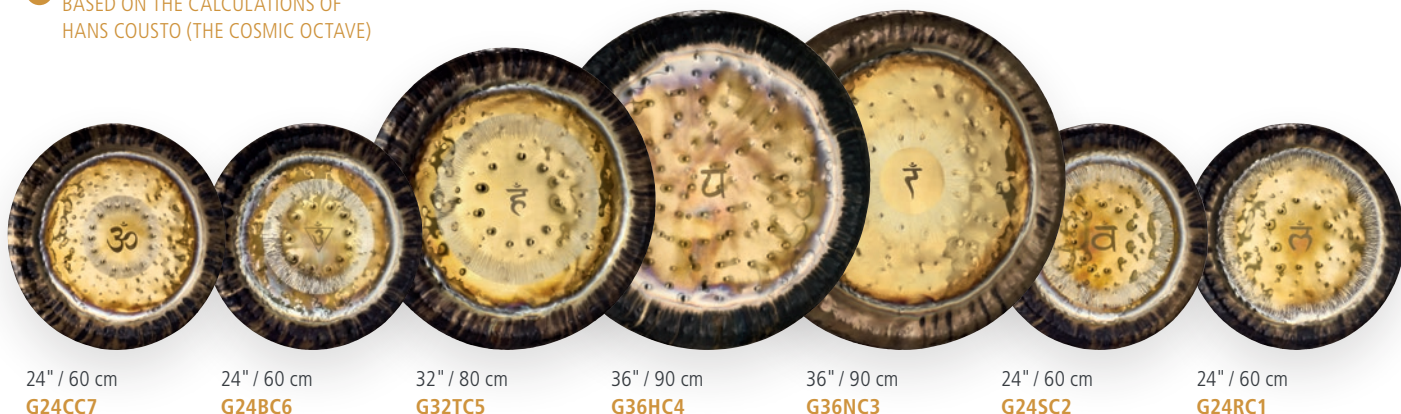
2 FLOWER OF LIFE SOUNDSCAPE GONG

- SIZE** 24" / 60 cm
- MATERIAL** Nickelsilver
- TUNING** 128 Hz (audible 64 Hz = C2)
- FEATURES** Made in Gutenstetten, Germany
Rich, dynamic soundscape
Tuned to 64 Hz
Easily playable edge
High-quality engraved symbol
- INCLUDES** Travel bag, Gong Handle (G-HANDLE), gloves, Gong Mallets (MGM1, MGM2)
- SYMBOL** Flower of Life



GONGS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



24" / 60 cm
G24CC7

24" / 60 cm
G24BC6

32" / 80 cm
G32TC5

36" / 90 cm
G36HC4

36" / 90 cm
G36NC3

24" / 60 cm
G24SC2

24" / 60 cm
G24RC1

2



24" / 60 cm
G24OM

32" / 80 cm
G32OM

36" / 90 cm
G36OM

3

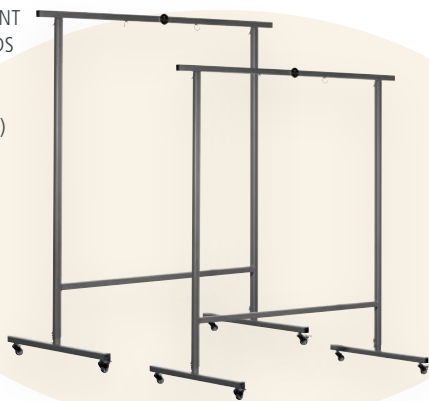


40" / 100 cm
TT40

50" / 125 cm
TT50

60" / 150 cm
TT60

FRAMED GIANT GONG STANDS FOR GONGS UP TO 60" (SEE PAGE 43)



TMGS-5

TMGS-4

1 CHAKRA GONGS

SIZES **G24:** 24" / 60 cm
G32: 32" / 80 cm
G36: 36" / 90 cm

MATERIAL Nickelsilver

TUNING **G24CC7:** Crown Chakra, 172.06 Hz (audible: 86.03 Hz ≈ F2)

G24BC6: Brow Chakra, 221.23 Hz (audible: 110.62 Hz ≈ A2)

G32TC5: Throat Chakra, 141.27 Hz (audible: 70.64 Hz ≈ C#2)

G36HC4: Heart Chakra, 136.10 Hz (audible: 68.05 Hz ≈ C#2)

G36NC3: Solar Plexus Chakra, 126.22 Hz (audible: 63.11 Hz ≈ B1) (A4/a' 440 Hz » 449.80 Hz)

G24SC2: Sacral Chakra, 210.42 Hz (audible: 105.21 Hz ≈ G#2)

G24RC1: Root Chakra, 194.18 Hz (audible: 97.09 Hz ≈ G2)

FEATURES Handcrafted masterpiece made in Germany
Deep, warm sound characteristic
Sandblasted chakra symbol

INCLUDES Cover and gloves

2 OM GONGS

SIZES **G24OM:** 24" / 60 cm
G32OM: 32" / 80 cm
G36OM: 36" / 90 cm

MATERIAL Nickelsilver

TUNING 136.10 Hz / C#2 (audible 68.05 Hz ≈ C#2)

FEATURE Handcrafted masterpiece made in Germany

INCLUDES Cover and gloves

3 GIANT TAM TAMS

SIZES **TT40:** 40" / 100 cm
TT50: 50" / 125 cm
TT60: 60" / 150 cm

MATERIAL Nickelsilver

TUNING **TT40:** G#1 - A1

TT50: F1 - F#1

TT60: D1 - E1

FEATURES Handcrafted masterpiece made in Germany
Deep, warm sound character with multi-layered overtones

INCLUDES **TT40:** Cover and gloves
TT50, TT60: Gloves

4 DON CONREAUX
SIGNATURE GONG



BACK



32" / 80 cm
G32-DC-B

5 BASED ON THE CALCULATIONS OF
HANS COUSTO (THE COSMIC OCTAVE)



Sidereal Moon,
24" / 60 cm
G24-M-SI

Venus,
24" / 60 cm
G24-V

Neptune,
24" / 60 cm
G24-N

Synodic Moon,
24" / 60 cm
G24-M-SY

Uranus,
24" / 60 cm
G24-U

Sidereal Day,
28" / 70 cm
G28-E-SI

Jupiter,
28" / 70 cm
G28-J

Sedna,
28" / 70 cm
G28-SE



Chiron,
28" / 70 cm
G28-CH

Platonic Year,
28" / 70 cm
G28-E-PL

Saturn,
32" / 80 cm
G32-SA

Mars,
32" / 80 cm
G32-MA

Mercury,
32" / 80 cm
G32-ME

Earth Year / Om,
36" / 90 cm
G36-E

Sun,
36" / 90 cm
G36-S

4 DON CONREAUX
EIGHT CORNERS OF HEAVEN MIRROR GONG

SIZE 32" / 80 cm
MATERIAL Nickelsilver
TUNING D2 - D#2
FEATURES Handcrafted masterpiece made in Germany
The eight runic glyphs represent the cycle of life
Mirror surface allows player to see himself, listeners or other gong players
INCLUDES Cover and gloves

5 PLANETARY TUNED GONGS

SIZES **G24:** 24" / 60 cm
G28: 28" / 70 cm
G32: 32" / 80 cm
G36: 36" / 90 cm
MATERIAL Nickelsilver
TUNING **CH:** Chiron, 172.86 Hz (audible: 86.43 Hz ≈ F2)
E: Earth Year / Om, 136.10 Hz (audible: 68.05 Hz ≈ C#2)
E-PL: Platonic Year, 172.06 Hz (audible: 86.03 Hz ≈ F2)
E-SI: Sidereal Day, 194.71 Hz (audible: 97.36 Hz ≈ G2)
J: Jupiter, 183.58 Hz (audible: 91.79 Hz ≈ F#2)
M-SI: Sidereal Moon, 227.43 Hz (audible: 113.72 Hz ≈ A#2)
M-SY: Synodic Moon, 210.42 Hz (audible: 105.21 Hz ≈ G#2)

MA: Mars, 144.72 Hz (audible: 72.36 Hz ≈ D2)
ME: Mercury, 141.27 Hz (audible: 70.64 Hz ≈ C#2)
N: Neptune, 211.44 Hz (audible: 105.72 Hz ≈ G#2)
S: Sun, 126.22 Hz (audible: 63.11 Hz ≈ B1)
SA: Saturn, 147.85 Hz (audible: 73.93 Hz ≈ D2)
SE: Sedna, 181.60 Hz (audible: 90.80 Hz ≈ F#2)
U: Uranus, 207.36 Hz (audible: 103.68 Hz ≈ G#2)
V: Venus, 221.23 Hz (audible: 110.62 Hz ≈ A2)

FEATURE Handcrafted masterpiece made in Germany
INCLUDES Cover and gloves

The Soul of Bronze

How Chinese Tradition Breathes Through the Gong

When I hold a gong, I do not hold an instrument.

I hold a universe – of vibration, of history, of silent prayer waiting to be sounded.

In the heart of China, where temples nestle between mountains and rice fields ripple like sheets of sound, the gong has always been more than metal. It is a messenger – between earth and sky, human and spirit, past and now.

Of Earth and Air:

The Spirit of Chau and Wind Gongs

In my work blending sound healing and ancient Chinese wisdom, I work closely with two voices – the Chau Gong (Tam Tam, see page 40) and the Wind Gong (see page 41). Each carries a different energy, yet both emerge from the same philosophy: that sound should move not only air ... but soul.

» The Chau Gong is earth – its voice deep, complex, almost ancestral. It doesn't just ring – it reverberates, traveling through the body like a slow-moving wave. In Traditional Chinese Medicine, we say it moves Qi – our vital energy – breaking through blockages, awakening the body's innate intelligence. It is the sound of grounding, of presence.

» The Wind Gong is air – its shimmering, lingering harmonics evoke mist, wind, and the spaciousness of high mountains. It corresponds to the Metal element, which governs release and clarity. It helps let go – of tension, of thought, of all that clutters the spirit.

Between these two voices flows the eternal wisdom of Tai Chi (太极) – the dance of Yin and Yang, the harmony of complementary forces. Just as the deep fundamental of the Chau Gong (Yin) gives rise to the Wind Gong's shimmering harmonics (Yang), and the strike (Yang) dissolves into sustain (Yin), the gong teaches the perpetual cycle of transformation. Its vibration is not a linear event, but a circular journey – a sonic Taiji circle that begins, expands, returns, and begins again, mirroring the very movement of Qi itself. To play is to embody this principle: to be both the stillness at the center and the motion at the circumference.

Together, they form a conversation – a balance of Yin and Yang, depth and lightness, form and emptiness.



The Poetry in Their Names: Insights From My Practice

Through years of playing, I've come to understand the poetic wisdom behind their Chinese names:

The name "Chau Gong" (抄锣) comes from the verb "chao" (抄) – meaning "to lift" or "to scoop." This perfectly describes both the motion of striking it (the mallet must lift away quickly to allow the full voice to emerge) and its sound – a vast, rising wave that seems to scoop up the energy in a space and transform it. It is sound as movement, as power.

The name "Wind Gong" (风锣) is pure imagery. Its shimmering trail of harmonics does not simply fade – it lingers like a breeze, swirling through the air and through our awareness, carrying away what is no longer needed. To play it is to invite the wind itself into the room.

Not Performance, But Presence: The Eastern Approach to Play

I was taught that how you strike is how you heal, so I never "perform" on a gong, but I commune with it.

The gesture must come from heart intention (心意), not muscle.

The stick is an extension of the hand, the hand of the heart.

I often begin by listening – to the silence around and within.

Then, the first touch is not a strike, but an invitation.

I let the gong speak through me – not for an audience, but for the moment.

And in that shared resonance, healing begins.

This is why in China we say:

"音入魂 – One sound can enter the soul."

Why I Choose to Share Meinl Gongs: A Bridge of Respect and Quality

The soul of these gongs is Chinese – born from an ancient bronze-crafting tradition. Meinl Sonic Energy is introducing them to the world, including China, through a partnership built on mutual respect and shared intention.

Meinl does not seek to replace this heritage – instead, they honor it through rigorous selection, quality assurance, and thoughtful design, ensuring that each Chau and Wind Gong not only carries its cultural authenticity but also meets the demands of international players and healers.

It is a beautiful fusion: the depth of Chinese tradition and craftsmanship meet the care and precision of German refinement. This is not a loss of origin – it is an evolution of reach. Together, we make these profound instruments accessible without compromising their spirit.

An Invitation to Listen Deeply

You need not be a musician to understand the gong.

You need only be human.

Close your eyes. Feel the vibration in your chest, your hands, your breath.

That is the gong's gift – a return to wholeness, through sound.

I play for that moment – when the mind grows still, the heart grows soft, and we remember ... we are not separate from the universe.

We are vibration. We are resonance.

We are one sound.

In shared resonance,
Gu Lan

Sound Healer

东方音养体系创始人



About Gu Lan

Founder of the Eastern Sound
Wellness System and Meinl Sonic
Energy Ambassador.

A sound healer blending traditional Chinese wisdom with contemporary sound healing practice. She uses gongs, hand-pans, and ancient instruments to guide deep meditative journeys, bringing Eastern vibrational medicine to a global audience.

GONGS

1



20" / 50 cm **CHYY20** 22" / 55 cm **CHYY22** 24" / 60 cm **CHYY24** 28" / 70 cm **CHYY28** 32" / 80 cm **CHYY32**

2



20" / 50 cm **CH-TT20** 22" / 55 cm **CH-TT22** 24" / 60 cm **CH-TT24** 28" / 70 cm **CH-TT28** 30" / 75 cm **CH-TT30**



32" / 80 cm **CH-TT32** 34" / 85 cm **CH-TT34** 36" / 90 cm **CH-TT36** 38" / 95 cm **CH-TT38** 40" / 100 cm **CH-TT40** 44" / 110 cm **CH-TT44** 48" / 120 cm **CH-TT48**

3



12" / 30 cm **WGYY12** 14" / 35 cm **WGYY14** 16" / 40 cm **WGYY16** 18" / 45 cm **WGYY18** 20" / 50 cm **WGYY20** 22" / 55 cm **WGYY22** 24" / 60 cm **WGYY24** 28" / 70 cm **WGYY28** 30" / 75 cm **WGYY30** 32" / 80 cm **WGYY32**

1 CHAU TAM TAMS YIN & YANG

SIZES **CHYY20**: 20" / 50 cm
CHYY22: 22" / 55 cm
CHYY24: 24" / 60 cm
CHYY28: 28" / 70 cm
CHYY32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Large sound characteristics
Blends well with other instruments

INCLUDES Beater and cover

SYMBOL Yin & Yang

2 CHAU TAM TAMS

SIZES **CH-TT20**: 20" / 50 cm
CH-TT22: 22" / 55 cm
CH-TT24: 24" / 60 cm
CH-TT28: 28" / 70 cm
CH-TT30: 30" / 75 cm
CH-TT32: 32" / 80 cm
CH-TT34: 34" / 85 cm
CH-TT36: 36" / 90 cm
CH-TT38: 38" / 95 cm
CH-TT40: 40" / 100 cm
CH-TT44: 44" / 110 cm
CH-TT48: 48" / 120 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Large sound characteristics
Blends well with other instruments
Printed logo and size info on the front

INCLUDES Beater and cover

3 WIND GONGS YIN & YANG

SIZES **WGYY12**: 12" / 30 cm
WGYY14: 14" / 35 cm
WGYY16: 16" / 40 cm
WGYY18: 18" / 45 cm
WGYY20: 20" / 50 cm
WGYY22: 22" / 55 cm
WGYY24: 24" / 60 cm
WGYY28: 28" / 70 cm
WGYY30: 30" / 75 cm
WGYY32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones

INCLUDES Beater and cover

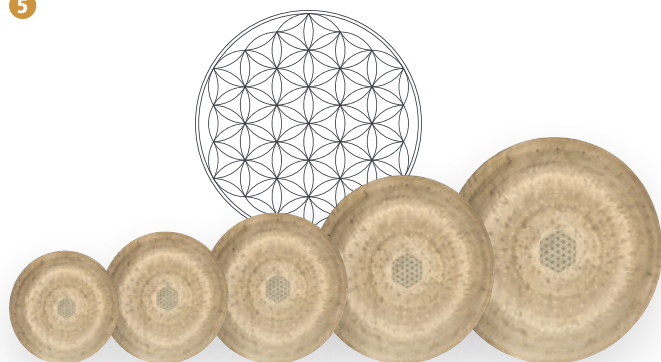
SYMBOL Yin & Yang

4



12" / 30 cm **WGK12** 14" / 35 cm **WGK14** 16" / 40 cm **WGK16** 18" / 45 cm **WGK18** 20" / 50 cm **WGK20** 22" / 55 cm **WGK22** 24" / 60 cm **WGK24** 28" / 70 cm **WGK28** 30" / 75 cm **WGK30** 32" / 80 cm **WGK32**

5



12" / 30 cm **WGFOL12** 14" / 35 cm **WGFOL14** 16" / 40 cm **WGFOL16** 20" / 50 cm **WGFOL20** 24" / 60 cm **WGFOL24**

6



12" / 30 cm **WG-TT12** 14" / 35 cm **WG-TT14** 16" / 40 cm **WG-TT16** 18" / 45 cm **WG-TT18** 20" / 50 cm **WG-TT20**



22" / 55 cm **WG-TT22** 24" / 60 cm **WG-TT24** 28" / 70 cm **WG-TT28** 30" / 75 cm **WG-TT30** 32" / 80 cm **WG-TT32** 36" / 90 cm **WG-TT36** 40" / 100 cm **WG-TT40** 44" / 110 cm **WG-TT44** 48" / 120 cm **WG-TT48**

4 WIND GONGS KUN

SIZES **WGK12:** 12" / 30 cm
WGK14: 14" / 35 cm
WGK16: 16" / 40 cm
WGK18: 18" / 45 cm
WGK20: 20" / 50 cm
WGK22: 22" / 55 cm
WGK24: 24" / 60 cm
WGK28: 28" / 70 cm
WGK30: 30" / 75 cm
WGK32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones

INCLUDES Beater and cover

SYMBOL Kun

5 WIND GONGS FLOWER OF LIFE

SIZES **WGFOL12:** 12" / 30 cm
WGFOL14: 14" / 35 cm
WGFOL16: 16" / 40 cm
WGFOL20: 20" / 50 cm
WGFOL24: 24" / 60 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones

INCLUDES Beater

SYMBOL Flower of Life

6 WIND GONGS

SIZES **WG-TT12:** 12" / 30 cm
WG-TT14: 14" / 35 cm
WG-TT16: 16" / 40 cm
WG-TT18: 18" / 45 cm
WG-TT20: 20" / 50 cm

WG-TT22: 22" / 55 cm
WG-TT24: 24" / 60 cm
WG-TT28: 28" / 70 cm
WG-TT30: 30" / 75 cm
WG-TT32: 32" / 80 cm
WG-TT36: 36" / 90 cm
WG-TT40: 40" / 100 cm
WG-TT44: 44" / 110 cm
WG-TT48: 48" / 120 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones
Printed logo and size info on the front

INCLUDES **WG-TT12 - WG-TT18:** Beater
WG-TT20 - WG-TT40: Beater and cover
WG-TT44 - WG-TT48: Beater

GONGS & GONG STANDS

1



12" / 30 cm
WG-12

14.5" / 37 cm
WG-145

2



BEATER INCLUDED



16" / 40 cm
THG16

18" / 45 cm
THG18

20" / 50 cm
THG20

22" / 55 cm
THG22

3



22" / 55 cm
IG1

4



Small
TMTGS-S



Medium
TMTGS-M



Large
TMTGS-L



X-Large
TMTGS-XL

5



TMRGS1

TMRGS2



1 WHITE GONGS

SIZES WG-12: 12" / 30 cm
WG-145: 14.5" / 37 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China; Powerful and splashy clear sound; Flat profile with bended rim

INCLUDES Beater

2 THAI GONGS

SIZES THG16: 16" / 40 cm
THG18: 18" / 45 cm
THG20: 20" / 50 cm
THG22: 22" / 55 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece from Thailand; Deep, resonant tones; Playable on stand or in hand; Beater crafted from upcycled Buddhist monk robes

INCLUDES Beater

3 INDIAN PREMIUM WIND GONG

SIZE 22" / 55 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in India; Mainly low-pitched sound; Wave-like overtones; Hand engraved mantra

INCLUDES Table Gong Stand (TMTGS-L)

4 TABLE GONG STANDS

SIZES S: Small; Up to 13" gong size
M: Medium; Up to 15" gong size
L: Large; Up to 22" gong size
XL: X-Large; Up to 26" gong size

MATERIAL Black powder-coated steel

FEATURES Stable base for your gong; Provides a firm grip on any surface

5 ROUND GONG STANDS

SIZES TMRGS1: Up to 32" gong size
TMRGS2: Up to 36" gong size

MATERIAL Black powder-coated steel

FEATURES Stable base for your gong; Detachable for transportation

6 GONG STAND

SIZE Up to 32" gong size

MATERIAL Black powder-coated steel

FEATURE Height-adjustable with locking system

INCLUDES Hex key



TMGS



TMGS-2



TMGS-2-G



TMGS-3



TMGS-3-G



Set
TMGS-W



TMGWMM



TMGS-5

TMGS-4



Medium
TMWGS-M

Large
TMWGS-L

7 PRO GONG STAND

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURES Stable double-brace at the base; Height-adjustable with locking system
INCLUDES Hex key

8 GONG HOLDER

SIZE Upper gong size up to 32"
Lower gong size up to 40"
MATERIAL Black powder-coated steel
FEATURE For Pro Gong Stand only
INCLUDES Hex key

9 FRAMED GONG STAND

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURES Especially for bigger sized gongs; Height-adjustable with locking system
INCLUDES Hex key

10 FRAMED GONG HOLDER

SIZE Upper gong size up to 38"
Lower gong size up to 40"
MATERIAL Black powder-coated steel
FEATURE For Framed Gong Stand only
INCLUDES Hex key

11 WHEELS FOR GONG STANDS

FEATURES For TMGS, TMGS-2 and TMGS-3 Gong Stands; Set of four; For ease of mobility

12 GONG WALL MOUNT

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURE Space-saving
INCLUDES Screws and dowels

13 FRAMED GIANT GONG STANDS

SIZES **TMGS-4:** Up to 50" gong size
TMGS-5: Up to 60" gong size
MATERIAL Anthracite powder coated steel
FEATURES Stable base for large gongs; Easy to roll
INCLUDES Sturdy wheels

14 WOOD GONG STANDS

SIZES **M:** Medium; Up to 34" gong size
L: Large; Up to 40" gong size
MATERIAL Beech wood

GONG MALLETS & BEATERS



1 GONG MALLETS

DIMENSIONS **MGM-S:** Small (11.81" x 2.76" x 2.76"); 138 g; For gongs from 20" to 80"
MGM-M: Medium (13.58" x 3.15" x 3.15"); 222 g; For gongs from 22" to 80"
MGM-L: Large (15.55" x 3.94" x 3.94"); 374 g; For gongs from 24" to 80"

MATERIALS Beech wood; Synthetic fleece

FEATURE May be used also as a pair

COLORS **C:** Chai
L: Lavender
PG: Pure Green
R: Rose
SP: Sea Petrol
ST: Sweet Tangerine

2 GONG RESONANT MALLET

SIZES **G-RM-20:** 0.8"
G-RM-25: 1.0"
G-RM-30: 1.2"
G-RM-40: 1.6"
G-RM-50: 2.0"

MATERIAL Specially treated rubber ball

FEATURES Produces a gentle effect of the high and deepest low tones
 Explore therapeutic and atmospheric sounds with these mallets

3 GONG RESONANT MALLET SET

CONTAINS G-RM-20, G-RM-25, G-RM-30, G-RM-40, G-RM-50

4 GONG BEATERS

DIMENSIONS **MGB-S:** Small; +/- 220 g; For gongs up to 28"
MGB-L: Large; +/- 350 g; For gongs up to 40"

MATERIALS Colored beech wood; Synthetic fleece

FEATURES To create a wide range of dynamics
 Heat-branded logo
MGB-S: Also perfect for singing bowls from 1,000 grams

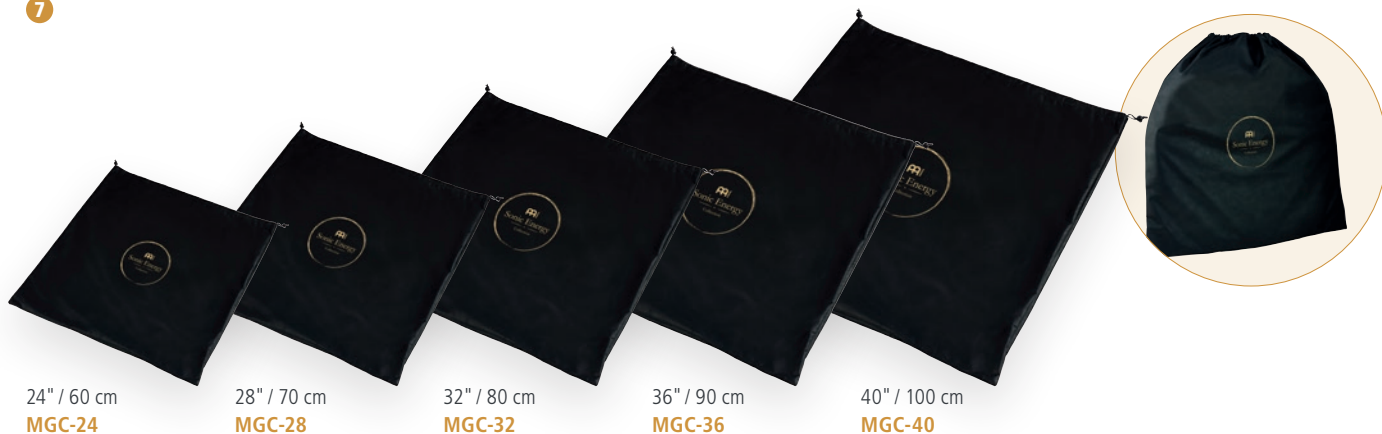
5 TAM TAM BEATERS

DIMENSIONS **MTTB-24:** +/- 250 g; For 24" tam tams
MTTB-28: +/- 500 g; For 28" tam tams
MTTB-32: +/- 600 g; For 32" tam tams
MTTB-36: +/- 700 g; For 36" tam tams
MTTB-40: +/- 800 g; For 40" tam tams

MATERIALS Beech wood; Cotton plush; Sheep wool

GONG ACCESSORIES

7



24" / 60 cm
MGC-24

28" / 70 cm
MGC-28

32" / 80 cm
MGC-32

36" / 90 cm
MGC-36

40" / 100 cm
MGC-40

8



24" / 60 cm
MGB-24

28" / 70 cm
MGB-28

32" / 80 cm
MGB-32

36" / 90 cm
MGB-36

38" / 95 cm
MGB-38

40" / 100 cm
MGB-40



9



G-HANDLE

11



MGP

10



GC-2428

GC-32

GC-3640

GONGS

6 GONG & SINGING BOWL MALLETS

DIMENSIONS **MGM1:** 14.5" x 2.6"
For gongs from 20" to 80"
MGM2: 14.5" x 3.2"
For gongs from 22" to 80"

MGM1, MGM2:
For singing bowls from 1,000 grams

MATERIALS Maple; Synthetic fleece

FEATURES Hard synthetic core with soft synthetic fleece coating
For powerful and precise playing
Wrist strap

7 GONG COVERS

SIZES **MGC-24:** For 24" gongs
MGC-28: For 28" gongs
MGC-32: For 32" gongs
MGC-36: For 36" gongs
MGC-40: For 40" gongs

MATERIALS Inner material velvet;
Outer material polyester

FEATURE Protects against dust and fingerprints

8 GONG BAGS

SIZES **MGB-24:** For 24" gongs
MGB-28: For 28" gongs
MGB-32: For 32" gongs
MGB-36: For 36" gongs
MGB-38: For 38" gongs
MGB-40: For 40" gongs

MATERIALS Inner material velvet;
Outer material durable synthetic fleece

FEATURE Protects during transportation

9 GONG HANDLE

MATERIAL Beech wood
FEATURE For comfortable holding a gong

10 GONG CORDS

SIZES **GC-2428:** For gongs from 24" to 28"
GC-32: For 32" gongs
GC-3640: For gongs from 36" to 40"

11 GONG POLISH

SIZE 250 ml
FEATURE For polishing the surface of a gong

Working with

TUNING FORKS

Tuning Fork Therapy is a gentle yet effective method for harmonizing the body and mind, promoting inner balance and well-being. By transmitting pure frequencies to specific points on the body, this therapy helps relieve muscle tension, engage the nervous system, and work with subtle energies to facilitate deep relaxation and restoration. Its lasting benefits address both physical and energetic imbalances, contributing to sustained well-being.

Tuning forks are used across several holistic healing systems. In **Traditional Chinese Medicine (TCM)**, they are applied to acupuncture points to stimulate the flow of Qi through the meridians, aligning with the Five Elements for physical and emotional harmony. In **Acupuncture or Meridian Therapy**, tuning forks offer a non-invasive alternative to needles, enhancing energy flow and clearing blockages. In **Sound Healing**, specific frequencies restore the body's natural vibrations, supporting overall balance. **Biofield Tuning** targets the body's electromagnetic field, using tuning forks around the body to clear energetic disturbances.



Balancing the Chakras

In the **Yogic Chakra System**, tuning forks balance the energy of the seven chakras, each of which is connected to a specific theme, color, symbol, and frequency. By combining the vibrations of the corresponding tuning fork with focused intention, one can help restore harmony, improve energy flow, and promote healing.

Tuning Fork Chakra Sets see page 49 and 51



Crown Chakra

Spirituality & universal consciousness
Platonic Year • 172.06 Hz

I am present in every moment



Brow Chakra

Intuition & mental power
Venus • 221.23 Hz

I open myself to my inner wisdom



Throat Chakra

Communication & openness
Mercury • 141.27 Hz

I speak my truth



Heart Chakra

Love & devotion
Earth • 136.10 Hz

I offer compassion to myself and others



Solar Plexus Chakra

Willpower & courage
Sun • 126.22 Hz

I trust my power and strength



Sacral Chakra

Sensuality & creativity
Synodic Moon • 210.42 Hz

I enjoy life with all my senses



Root Chakra

Primal trust & stability
Synodic Day • 194.18 Hz

I feel connected to the Earth

Elevate Tuning Fork Treatments with Vibration Feet

The Meinl Sonic Energy Tuning Fork Vibration Feet enhance the effects of tuning forks by increasing the contact area with the surface, amplifying the vibrations. With their ability to treat not only specific points but larger areas, they have found their place in various fields such as massage, cosmetics, and therapy.

Tuning Fork Vibration Feet see page 56



Tuning Fork Therapy for Pets: Harnessing Frequency for Wellness and Balance

Not only do humans benefit from the healing power of frequency work with tuning forks, but our four-legged companions and pets can also experience increased well-being and balance through this method. Animals, with their natural sensitivity and intuition, are especially receptive to these techniques. Since they often perceive stimuli far more intensely than we do, it's important to always use the vibrational feet when working with tuning forks to ensure their comfort. Animals will intuitively show whether the chosen frequency is working for them, making it easier to adjust and find the most beneficial vibration. While you can start on your own to see how your pet reacts, it's recommended to seek guidance from a professionally trained animal healer specialized in Tuning Fork Therapy when addressing more significant issues.

TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED TUNING FORKS

SIZES	TF-CH: 7.3"	TF-ME: 7.9"
	TF-E: 8.0"	TF-N: 6.9"
	TF-E-GEO: 7.7"	TF-PL: 8.0"
	TF-E-HY: 7.6"	TF-S: 8.3"
	TF-E-PL: 7.4"	TF-SA: 7.8"
	TF-E-SI: 7.1"	TF-SE: 7.2"
	TF-E-SY: 7.1"	TF-SF: 6.5"
	TF-ER: 7.7"	TF-U: 6.9"
	TF-FOL: 8.3"	TF-V: 6.8"
	TF-J: 7.2"	TF-256: 6.4"
	TF-M-AR: 6.5"	
	TF-M-CU: 7.1"	
	TF-M-K: 6.6"	
	TF-M-L: 8.3"	
	TF-M-MC: 6.6"	
	TF-M-SI: 6.7"	
	TF-M-SP: 6.5"	
	TF-M-SY: 6.9"	
	TF-MA: 7.8"	

MATERIALS	Premium nickel-plated steel; Cork
TUNING	CH: Chiron, 172.86 Hz ≈ F3
	E: Earth Year/Om, 136.10 Hz ≈ C#3
	E-GEO: Geomagnetic Field, 149.74 Hz ≈ D#3
	E-HY: Hydrogen Gamma, 157.04 Hz ≈ D#3
	E-PL: Platonic Year, 172.06 Hz ≈ F3
	E-SI: Sidereal Day, 194.71 Hz ≈ G3
	E-SY: Synodic Day, 194.18 Hz ≈ G3
	ER: Eros, 154.66 Hz ≈ D#3
	FOL: Flower of Life, 128.00 Hz ≈ C3
	J: Jupiter, 183.58 Hz ≈ F#3
	M-AR: Apsidis' Rotation, 246.04 Hz ≈ B3
	M-CU: Culmination Cycle, 187.61 Hz ≈ F#3
	M-K: Moon Knot, 234.16 Hz ≈ A#3
	M-L: Lilith, 123.02 Hz ≈ B2
	M-MC: Metonic Cycle, 229.22 Hz ≈ A#3

	M-SI: Sidereal Moon, 227.43 Hz ≈ A#3
	M-SP: Saros' Period, 241.56 Hz ≈ B3
	M-SY: Synodic Moon, 210.42 Hz ≈ G#3
	MA: Mars, 144.72 Hz ≈ D3
	ME: Mercury, 141.27 Hz ≈ C#3
	N: Neptune, 211.44 Hz ≈ G#3
	PL: Pluto, 140.64 Hz ≈ C#3
	S: Sun, 126.22 Hz ≈ B2
	SA: Saturn, 147.85 Hz ≈ D3
	SE: Sedna, 181.60 Hz ≈ F#3
	SF: Schumann Resonance, 250.56 Hz ≈ B3
	U: Uranus, 207.36 Hz ≈ G#3
	V: Venus, 221.23 Hz ≈ A3
	256: Master Fork 2, 256.00 Hz = C4

INCLUDES Cotton bag



Natural Pitch
TF-432 Standard Pitch
TF-440



Set, 21 pcs.
TF-DISPLAY



Set, 2 pcs.
TF-SET-2



Set, 7 pcs.
TF-SET-CHA-7



Set, 7 pcs.
TF-SET-CHA-7C



Set, 7 pcs.
TF-SET-CHA-R



Set, 16 pcs.
TF-SET-16



Set, 27 pcs.
TF-SET-27

2 NATURAL PITCH TUNING FORK & STANDARD PITCH TUNING FORK

SIZE 5.4"
MATERIALS Premium nickel-plated steel; Cork
TUNING **TF-432:** 432 Hz (Natural Pitch)
TF-440: 440 Hz (Standard Pitch)
INCLUDES Cotton bag

3 TUNING FORK CHAKRA DISPLAY SET

CONTAINS 3 pcs. each: TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)
INCLUDES Wood Display
21 x cotton bag

4 TUNING FORK DAY AND NIGHT SET

CONTAINS TF-E, TF-E-SY
INCLUDES Tuning Fork Holder (TF-HOLDER-2)
2 x cotton bag

5 TUNING FORK CHAKRA SETS

CONTAINS TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)
INCLUDES 7 x cotton bag
TF-SET-CHA-7: Tuning Fork Holder (TF-HOLDER-7)
TF-SET-CHA-7C: Tuning Fork Case (TFC-8)
TF-SET-CHA-R: Tuning Fork Rollup Bag (TF-CB)
Tuning Fork Vibration Foot (VF-FS)
Mallet (SB-PM-SR-S)

6 TUNING FORK SET, 16 PCS.

CONTAINS TF-CH, TF-E, TF-E-PL, TF-E-SI, TF-E-SY, TF-J, TF-M-SI, TF-M-SY, TF-MA, TF-ME, TF-N, TF-S, TF-SA, TF-SE, TF-U, TF-V
INCLUDES Tuning Fork Holder (TF-HOLDER-16)
16 x cotton bag

7 TUNING FORK SET, 27 PCS.

CONTAINS TF-CH, TF-E, TF-E-GEO, TF-E-HY, TF-E-PL, TF-E-SI, TF-E-SY, TF-FOL, TF-F, TF-M-AR, TF-M-CU, TF-M-K, TF-M-MC, TF-M-SI, TF-M-SP, TF-M-SY, TF-MA, TF-ME, TF-N, TF-PL, TF-S, TF-SA, TF-SE, TF-SF, TF-U, TF-V, TF-256
INCLUDES Tuning Fork Holder (TF-HOLDER-27)
27 x cotton bag

THERAPY TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED THERAPY TUNING FORKS

SIZES	TTF-CH: 8.9"	TTF-ME: 9.4"
	TTF-E: 9.6"	TTF-N: 8.3"
	TTF-E-GEO: 9.3"	TTF-PL: 9.4"
	TTF-E-HY: 9.1"	TTF-S: 9.8"
	TTF-E-PL: 8.9"	TTF-SA: 9.3"
	TTF-E-SI: 8.5"	TTF-SE: 8.7"
	TTF-E-SY: 8.5"	TTF-SF: 7.8"
	TTF-ER: 9.1"	TTF-U: 8.3"
	TTF-J: 8.7"	TTF-V: 8.1"
	TTF-M-AR: 7.9"	TTF-128: 9.8"
	TTF-M-CU: 8.6"	TTF-256: 7.8"
	TTF-M-K: 8.0"	
	TTF-M-L: 9.9"	
	TTF-M-MC: 8.1"	
	TTF-M-SI: 8.1"	
	TTF-M-SP: 7.9"	
	TTF-M-SY: 8.3"	
	TTF-MA: 9.4"	

MATERIALS	Premium nickel-plated steel; Cork
TUNING	<p>CH: Chiron, 172.86 Hz ≈ F3</p> <p>E: Earth Year / Om, 136.10 Hz ≈ C#3</p> <p>E-GEO: Geomagnetic Field, 149.74 Hz ≈ D#3</p> <p>E-HY: Hydrogen Gamma, 157.04 Hz ≈ D#3</p> <p>E-PL: Platonic Year, 172.06 Hz ≈ F3</p> <p>E-SI: Sidereal Day, 194.71 Hz ≈ G3</p> <p>E-SY: Synodic Day, 194.18 Hz ≈ G3</p> <p>ER: Eros, 154.66 Hz ≈ D#3</p> <p>J: Jupiter, 183.58 Hz ≈ F#3</p> <p>M-AR: Apsidis' Rotation, 246.04 Hz ≈ E3</p> <p>M-CU: Culmination Cycle, 187.61 Hz ≈ F#3</p> <p>M-K: Moon Knot, 234.16 Hz ≈ A#3</p> <p>M-L: Lilith, 123.02 Hz ≈ B2</p> <p>M-MC: Metonic Cycle, 229.22 Hz ≈ A#3</p> <p>M-SI: Sidereal Moon, 227.43 Hz ≈ A#3</p> <p>M-SP: Saros' Period, 241.56 Hz ≈ B3</p> <p>M-SY: Synodic Moon, 210.42 Hz ≈ G#3</p> <p>MA: Mars, 144.72 Hz ≈ D3</p>

ME: Mercury, 141.27 Hz ≈ C#3
N: Neptune, 211.44 Hz ≈ G#3
PL: Pluto, 140.64 Hz ≈ C#3
S: Sun, 126.22 Hz ≈ B2
SA: Saturn, 147.85 Hz ≈ D3
SE: Sedna, 181.60 Hz ≈ F#3
SF: Schumann Resonance, 250.56 Hz ≈ B3
U: Uranus, 207.36 Hz ≈ G#3
V: Venus, 221.23 Hz ≈ A3
128: Master Fork, 128.00 Hz = C3
256: Master Fork 2, 256.00 Hz = C4

FEATURES	Handcrafted masterpiece made in Germany Ergonomic shaped cork handle Engraved logo and tuning info
INCLUDES	Cotton bag

2 NATURAL PITCH THERAPY TUNING FORK & STANDARD PITCH THERAPY TUNING FORK

SIZE	6.5"
MATERIALS	Premium nickel-plated steel; Cork

& GROUNDING THERAPY TUNING FORKS

2



Natural Pitch
TTF-432
Standard Pitch
TTF-440

3



Venus
TTF-V-G
Earth
TTF-E-G
Master Fork
TTF-64-G



4



Set, 2 pcs.
TTF-SET-2

5



Set, 7 pcs.
TTF-SET-CHA-7



Set, 7 pcs.
TTF-SET-CHA-R

6



Set, 16 pcs.
TTF-SET-16

7



Set, 27 pcs.
TTF-SET-27

TUNING **TTF-432:** 432 Hz (Natural Pitch)
TTF-440: 440 Hz (Standard Pitch)
INCLUDES Cotton bag

3 GROUNDING THERAPY TUNING FORKS

SIZES **TTF-E-G:** 8.5"; **TTF-V-G:** 7.3";
TTF-64-G: 8.7"
MATERIALS Premium nickel-plated steel; ECO BRASS®
TUNING **E-G:** Earth Year/Om, 136.10 Hz (audible 68.05 Hz ≈ C#2)
V-G: Venus, 221.23 Hz (audible 110.62 Hz ≈ A2)
64-G: Master Fork, 128 Hz (audible 64 Hz = C2)
FEATURES Handcrafted masterpiece made in Germany
Perfect for grounding and relaxation
Extra low frequencies
Elegant and detachable ECO BRASS® handle with Flat Vibration Foot
INCLUDES Round Vibration Foot; 2 x cotton bag

4 THERAPY TUNING FORK DAY AND NIGHT SET

CONTAINS TTF-E, TTF-E-SY
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-2); 2 x cotton bag

5 THERAPY TUNING FORK CHAKRA SETS

CONTAINS TTF-E-PL (Crown Chakra), TTF-V (Brow Chakra), TTF-ME (Throat Chakra), TTF-E (Heart Chakra), TTF-S (Solar Plexus Chakra), TTF-M-SY (Sacral Chakra), TTF-E-SY (Root Chakra)
INCLUDES **TTF-SET-CHA-7:** Therapy Tuning Fork Holder (TTF-HOLDER-7); 7 x cotton bag
TTF-SET-CHA-R: Tuning Fork Rollup Bag (TFCB)
Tuning Fork Vibration Foot (VF-FS)
Mallet (SB-PM-SR-S)

6 THERAPY TUNING FORK SET, 16 PCS.

CONTAINS TTF-CH, TTF-E, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-SI, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-S, TTF-SA, TTF-SE, TTF-U, TTF-V
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-16); 16 x cotton bag

7 THERAPY TUNING FORK SET, 27 PCS.

CONTAINS TTF-CH, TTF-E, TTF-E-GEO, TTF-E-HY, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-AR, TTF-M-CU, TTF-M-K, TTF-M-MC, TTF-M-SI, TTF-M-SP, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-PL, TTF-S, TTF-SA, TTF-SE, TTF-SF, TTF-U, TTF-V, TTF-128, TTF-256
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-27); 27 x cotton bag

BINAURAL THERAPY TUNING FORKS

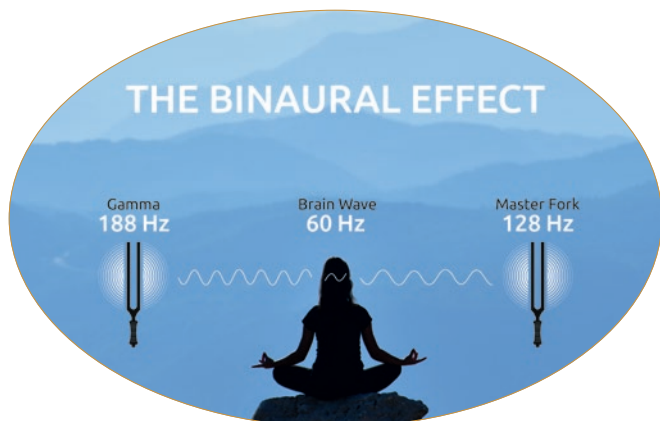


THERAPY TUNING MASTER FORK
(SEE PAGE 50)

TTF-128



3



Set, 6 pcs.
TTF-BT-SET-R

1 BINAURAL THERAPY TUNING FORKS

SIZES
TTF-ALPHA: 9.4"
TTF-BETA: 9.3"
TTF-DELTA: 9.6"
TTF-GAMMA: 8.5"
TTF-THETA: 9.5"

MATERIALS Premium nickel-plated steel; Cork

TUNING
ALPHA: Alpha, 139 Hz
BETA: Beta, 150 Hz
DELTA: Delta, 130 Hz
GAMMA: Gamma, 188 Hz
THETA: Theta, 134 Hz

FEATURES
 Handcrafted masterpiece made in Germany
 Ergonomic shaped cork handle
 Engraved logo and tuning info
 Pair with 128 Hz Masterfork for binaural effects

INCLUDES Cotton bag

2 BINAURAL THERAPY TUNING FORK SETS, 2 PCS.

CONTAINS
TTF-ALPHA-SET: TTF-128, TTF-ALPHA
TTF-BETA-SET: TTF-128, TTF-BETA
TTF-DELTA-SET: TTF-128, TTF-DELTA
TTF-GAMMA-SET: TTF-128, TTF-GAMMA
TTF-THETA-SET: TTF-128, TTF-THETA

INCLUDES
 Therapy Tuning Fork Holder (TTF-HOLDER-2)
 2 x cotton bag

3 BINAURAL THERAPY TUNING FORK SET, 6 PCS.

CONTAINS TTF-ALPHA, TTF-BETA, TTF-DELTA, TTF-GAMMA, TTF-THETA, TTF-128

INCLUDES Tuning Fork Rollup Bag (TFCB)
 6 x cotton bag

Tune Your Mind: Unlocking the Power with BINAURAL THERAPY TUNING FORKS



Imagine being able to tune your mind like a musical instrument, effortlessly shifting from deep relaxation to heightened focus, or even slipping into a meditative state, simply by listening to certain sounds. This is the promise of binaural effects, a fascinating auditory phenomenon that can influence our brain wave activity.

By using Binaural Therapy Tuning Forks in conjunction with the Master Fork 128 Hz, we can create this effect on our own. When the forks are struck and held near the right and left ear, the brain detects the difference between the two frequencies, perceiving a third frequency that guides you into the desired brain wave state.

Understanding how different brain wave states can influence and shape our experience and reality, plays a fundamental role in our journey of self-discovery and personal development.

These are the Five Main Types of Brain Waves:

Gamma – 30 to 100 Hz Where all ideas grow

Gamma brain waves are the fastest and are associated with high concentration, focus, creativity, and heightened alertness.

Beta – 12 to 30 Hz Sharp and focused glow

Beta brain waves heighten our alertness and analytical abilities. Typically, our brain operates at this frequency during daily activities that involve concentration, thinking, and excitement.

However, high beta waves can also lead to anxiety, stress, and restlessness. They are often associated with the "survival mode" that many of us experience constantly.

Alpha – 8 to 12 Hz Calm and mindful peace

Alpha brain waves are linked to a relaxed, calm state of mind. They promote relaxation while awake, reduce stress, and improve learning.

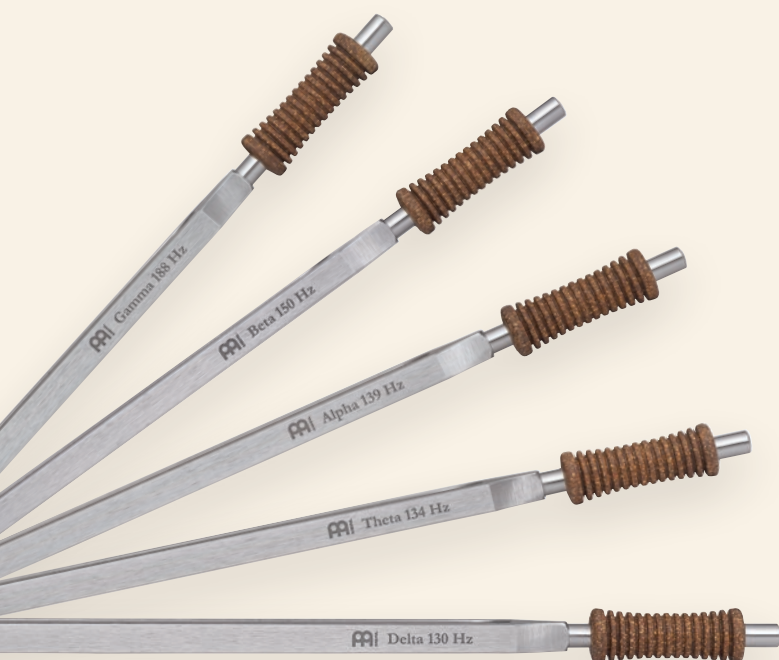
Theta – 4 to 8 Hz Creative flow

Theta brain waves are connected to a deeper state of relaxation, enhancing creativity and intuition while lowering stress and anxiety levels. This is where the door to our subconscious mind opens.

Delta – 0,5 to 4 Hz Deep and dreamless sleep

Delta brain waves are the slowest frequency and are associated with deep, dreamless sleep. Our minds and bodies experience their most profound rest and rejuvenation here.

Tapping into different brain wave states can be a powerful tool for enhancing emotional well-being and achieving greater independence from external influences. These states act as a gateway to our subconscious mind, where we can tap into our inner resources and explore our inner world.



QiHarmony

The TCM Tuning Fork Set

In the first part of this story (see page 16), we introduced the vision behind QiHarmony and how Chinese wisdom finds new form in sound – especially through the spacious resonance of the Crystal Singing Bowls. But the journey does not end there. Another essential part of the TCM Sound Healing Series is the Tuning Fork Set, which translates the philosophy of qi into precise frequencies and direct body resonance.

At the heart of this Tuning Fork Set is qi – the vital energy that flows through all life. In Traditional Chinese Medicine, qi connects Heaven, Earth, and the human body. Yin and yang represent its two essential modes of movement. The five elements – Wood, Fire, Earth, Metal, and Water – are qi's fundamental dynamics.

The Yin and Yang forks are tuned to the planetary frequencies of the Moon (210.42 Hz) and the Sun (126.22 Hz), supporting the body's energetic axis. The five elemental forks are inspired by China's ancient musical system; I drew specifically from the Zenghouyi Bell Chimes (c. 2400 BCE), mapping the pentatonic scale – Gong, Shang, Jue, Zhi, Yu – to the five major organs: spleen, lung, liver, heart, and kidney. Together, they form a comprehensive vibrational model of life.

But frequency alone is not enough. In Chinese medicine, acupoints are the bridges. I carefully selected seven of the most representative points for beginners: GV20 (Baihui) and CV17 (Danzhong) on the central Du and Ren meridians, which regulate yin-yang balance and emotional calm; and five elemental Yuan-source points – SP3 (Taibai), LR3 (Taichong), HT7 (Shenmen), LU9 (Taiyuan), and KI3 (Taixi) – each resonating with one of the five elements.



My own path of cultivation is rooted in Daoist healing practices, and these seven tuning forks have become essential tools in my teaching. Sometimes, simply placing a vibrating fork on a single point can awaken long-dormant sensations – tears released at CV17, anger flowing from LR3. These aren't miracles; they are reminders that the body holds its own wisdom and knows how to heal when gently activated.

TCM Sound Healing is a living evolution – I hope that everyone who encounters these instruments will hear their own rhythm within them – and feel the quiet presence of that invisible, yet very real, stream of energy between body and nature.

Sound is a touch you cannot see.

Sound healing is a return you cannot hear.

And in walking this path, may we not seek to become healers – but become more fully human.



Dive deeper into the world of Sonopuncture with "TCM SOUND HEALING – Sonopuncture" by Woodie Wulin

TCM THERAPY TUNING FORKS

1 NEW

CO-DEVELOPED WITH WOODIE WULIN

2 NEW



Water
TTF-TCM-WTR

Fire
TTF-TCM-FR

Wood
TTF-TCM-WD

Metal
TTF-TCM-MT

Earth
TTF-TCM-ER



Set, 2 pcs.
TTF-TCM-YYSET

3 NEW



Set, 7 pcs.
TTF-TCM-SET-R



TUNING FORKS

1 TCM THERAPY TUNING FORKS

SIZES
TTF-TCM-ER: 9.7"
TTF-TCM-FR: 8.4"
TTF-TCM-MT: 9.3"
TTF-TCM-WD: 8.9"
TTF-TCM-WTR: 8.1"

MATERIALS Premium nickel-plated steel; Cork

TUNING
TTF-TCM-ER: Earth, 128 Hz
TTF-TCM-FR: Fire, 192 Hz
TTF-TCM-MT: Metal, 144 Hz
TTF-TCM-WD: Wood, 162 Hz
TTF-TCM-WTR: Water, 216 Hz

FEATURES
 Handcrafted masterpiece made in Germany
 Ergonomic shaped cork handle
 Engraved logo and tuning info
 For sound therapy, relaxation and sonopuncture

INCLUDES Cotton bag

2 TCM THERAPY TUNING FORK YIN & YANG SET, 2 PCS.

CONTAINS Yin (8.2"; 210.42 Hz)
 Yang (9.7"; 126.22 Hz)

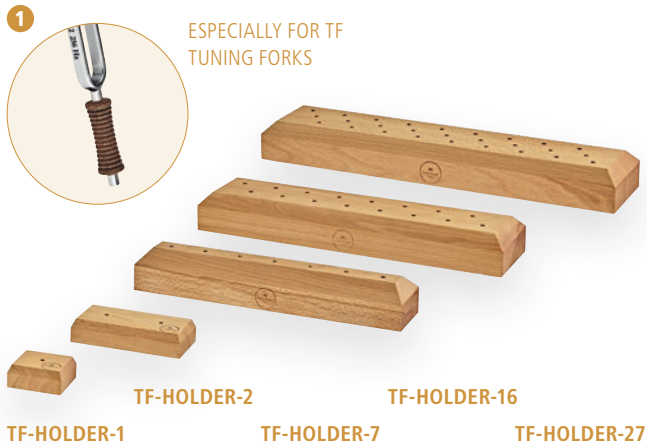
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-2)
 2 x cotton bag

3 TCM THERAPY TUNING FORK SET, 7 PCS.

CONTAINS TTF-TCM-ER, TTF-TCM-FR, TTF-TCM-MT, TTF-TCM-WD, TTF-TCM-WTR, Yin, Yang

INCLUDES Tuning Fork Rollup Bag (TFCB)
 Mallet (SB-PM-SR-S)
 7 x cotton bag

TUNING FORK ACCESSORIES



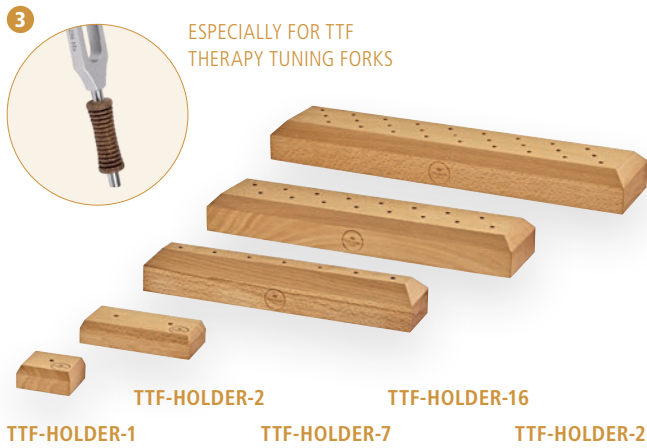
ESPECIALLY FOR TF TUNING FORKS

TF-HOLDER-1 TF-HOLDER-2 TF-HOLDER-7 TF-HOLDER-16 TF-HOLDER-27



ESPECIALLY FOR TF TUNING FORKS

TFC-M TFC-L TFC-8 TFC-16



ESPECIALLY FOR TTF THERAPY TUNING FORKS

TTF-HOLDER-1 TTF-HOLDER-2 TTF-HOLDER-7 TTF-HOLDER-16 TTF-HOLDER-27



4

TFCB



VF-FS VF-RL VF-RM VF-RS



6

VF-DISPLAY

1 TUNING FORK HOLDERS

SIZES **TF-HOLDER-1:** For 1 tuning fork
TF-HOLDER-2: For 2 tuning forks
TF-HOLDER-7: For 7 tuning forks
TF-HOLDER-16: For 16 tuning forks
TF-HOLDER-27: For 27 tuning forks

MATERIAL Beech wood

2 TUNING FORK CASES

SIZES **TFC-M:** For max. 7.1" tuning forks
TFC-L: For max. 8.3" tuning forks
TFC-8: For 8 tuning forks
TFC-16: For 16 tuning forks

MATERIALS Inner material polyester
Outer material leatherette

FEATURE For safe and easy transportation

3 THERAPY TUNING FORK HOLDERS

SIZES **TTF-HOLDER-1:** For 1 tuning fork
TTF-HOLDER-2: For 2 tuning forks
TTF-HOLDER-7: For 7 tuning forks
TTF-HOLDER-16: For 16 tuning forks
TTF-HOLDER-27: For 27 tuning forks

MATERIAL Beech wood

4 TUNING FORK ROLLUP BAG

SIZE 18.1" x 21.7"

MATERIAL Cotton canvas

FEATURES 9 tuning fork compartments, 1 accessory compartment
Fitting every TF Tuning Fork and TTF Therapy Tuning Fork

5 TUNING FORK VIBRATION FEET

DIMENSIONS **VF-FS:** 0.60" / 1.5 cm diameter; 25 g
VF-RL: 1.57" / 4 cm diameter; 98 g
VF-RM: 1.18" / 3 cm diameter; 129 g
VF-RS: 0.79" / 2 cm diameter; 46 g

MATERIALS **VF-RL:** Aluminum, ECO BRASS®
VF-RM, VF-RS, VF-FS: ECO BRASS®

FEATURES Suitable for controlled massage of vibrations on humans as well as animals
Fitting every TF Tuning Fork and TTF Therapy Tuning Fork except Grounding Therapy Tuning Forks

6 TUNING FORK VIBRATION FOOT DISPLAY

SIZE 7.2" x 3.5" x 3.9"

CONTAINS 4 pcs. each: VF-FS, VF-RL, VF-RM, VF-RS

FEATURE Cardboard display for showrooms and studios

CRYSTAL TUNING FORKS

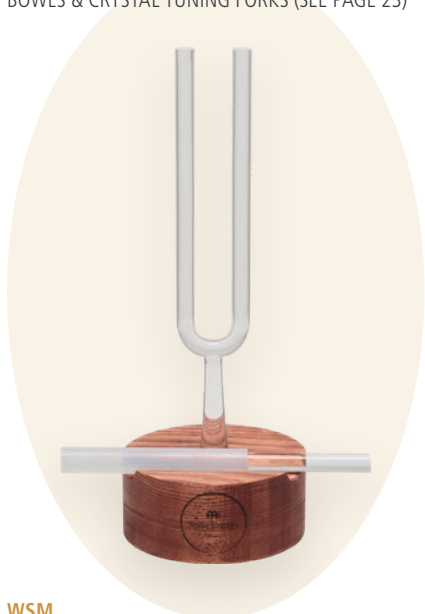


Heart Chakra
CTF440F16

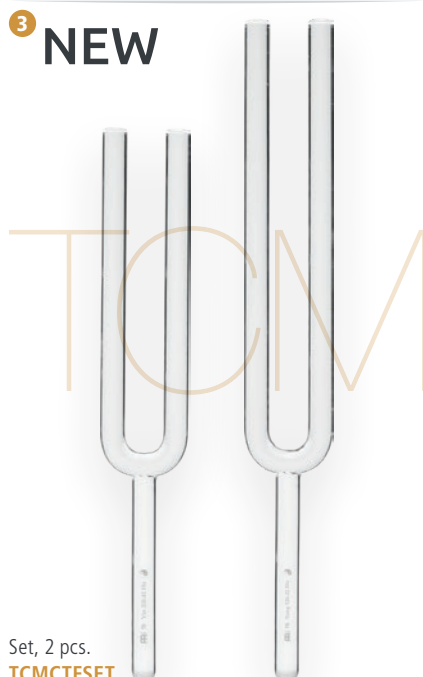


Mi 528 Hz **SOLCTF528** Re 417 Hz **SOLCTF417** Ut 396 Hz **SOLCTF396** 285 Hz **SOLCTF285** 174 Hz **SOLCTF174**

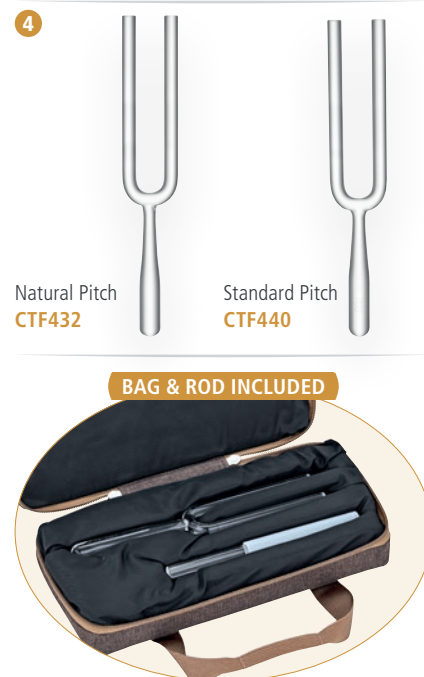
WOODEN HOLDERS FOR ESSENCE CRYSTAL SINGING BOWLS & CRYSTAL TUNING FORKS (SEE PAGE 23)



WSM



Set, 2 pcs.
TCMCTFSET



Natural Pitch **CTF432** Standard Pitch **CTF440**

BAG & ROD INCLUDED

1 CRYSTAL TUNING FORK

SIZE 0.63" / 1.6 cm diameter, 17.7" / 45 cm length
MATERIAL Gemstone (Quartz)
TUNING A4/a' 440 Hz; F3 (Heart Chakra)
FEATURES Perfect for therapy and relaxation; Made of high-purity quartz; Extremely long-lasting resonance; Pure and attractive crystal material

2 SOLFEGGIO CRYSTAL TUNING FORKS

SIZES **SOLCTF174:** 0.6" / 1.6 cm diameter, 15.9" / 40.5 cm length
SOLCTF285, SOLCTF396, SOLCTF417, SOLCTF528: 0.4" / 1 cm diameter
SOLCTF285: 10.2" / 26 cm length
SOLCTF396: 9.3" / 23.7 cm length
SOLCTF417: 9.1" / 23 cm length
SOLCTF528: 8.9" / 22.5 cm length

MATERIAL Gemstone (Quartz)
TUNING **174:** 174 Hz
285: 285 Hz
396: Ut 396 Hz
417: Re 417 Hz
528: Mi 528 Hz
FEATURES Perfect for therapy and relaxation; Made of high-purity quartz; Extremely long-lasting resonance; Pure and attractive crystal material; Engraved tuning info
INCLUDES Carrying bag; Crystal silicone rod

3 TCM CRYSTAL TUNING FORK YIN & YANG SET

CONTAINS Yin (0.78" / 20 mm diameter, 17.2" / 43.8 cm length; 210.42 Hz)
Yang (0.78" / 20 mm diameter, 20.6" / 52.5 cm length; 126.22 Hz)
MATERIAL Gemstone (Quartz)

FEATURES Perfect for therapy and sonopuncture; Made of high-purity quartz; Extremely long-lasting resonance; Engraved tuning info
INCLUDES Carrying bag; 2 x Crystal silicone rod

4 NATURAL PITCH CRYSTAL TUNING FORK & STANDARD PITCH CRYSTAL TUNING FORK

SIZES **CTF432:** 0.4" / 1 cm diameter, 9" / 22.8 cm length
CTF440: 0.4" / 1 cm diameter, 8.9" / 22.6 cm length
MATERIAL Gemstone (Quartz)
TUNING **CTF432:** 432 Hz (Natural Pitch)
CTF440: 440 Hz (Standard Pitch)
FEATURES Perfect for therapy and relaxation; Made of high-purity quartz; Extremely long-lasting resonance; Pure and attractive crystal material; Engraved tuning info
INCLUDES Carrying bag; Crystal silicone rod

SENSORY HANDPANS

1



D Kurd, 9 notes
HPSTL90



D Kurd, 10 notes
HPSTL100



D Amara, 9 notes
HPSTL91



D Amara, 10 notes
HPSTL101



C# Minor, 9 notes
HPSTL92



Bb Amara, 9 notes
HPSTL93CU



E La Sirena, 10 notes
HPSTL102CU



F Pygmy, 11 notes
HPSTL110CU

1 SENSORY HANDPANS

SIZES 22" diameter, 9" height
HPSTL93CU: 10" height

MATERIAL Stainless steel

TUNING HPSTL90: A4/a' 440 Hz
D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4 (9 notes)
HPSTL91: A4/a' 440 Hz
D Amara D3/ A3, C4, D4, E4, F4, G4, A4, C5 (9 notes)
HPSTL92: A4/a' 432 Hz
C# Minor C#3/ G#3, B3, C#4, D#4, E4, F#4, G#4, B4 (9 notes)
HPSTL93CU: A4/a' 432 Hz
Bb2 Amara Bb2/ F3, Ab3, Bb3, C4, Db4, Eb4, F4, Ab4 (9 notes)
HPSTL100: A4/a' 440 Hz
D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4, C5 (10 notes)

FEATURES

HPSTL101: A4/a' 440 Hz
D Amara D3/ G3, A3, C4, D4, E4, F4, G4, A4, C5 (10 notes)
HPSTL102CU: A4/a' 432 Hz
E La Sirena E3/ G3, B3, C#4, D4, E4, F#4, G4, B4, D5 (10 notes)
HPSTL110CU: A4/a' 440 Hz
F Pygmy F3/ G3, Ab3, C4, Eb4, F4, G4, Ab4, C5-Db3, Eb3 (11 notes)

Handcrafted masterpiece
Pure soft sound with long sustain
Perfect for both meditative and percussive playing
Two sound holes: One, which faces the player and one, which faces the audience
Two removable sound tubes for more sound options
Durable stainless steel material
Harmonic and balanced tones
Lasered logo and tuning

HPSTL93CU, HPSTL102CU:
Engraved design
INCLUDES Padded carrying bag, stainless steel protection cover, soft velvet bag, gloves and two sound tubes
HPSTL110CU: 2 x protection cover
COLORS HPSTL90, HPSTL91, HPSTL92, HPSTL100, HPSTL101:
Vintage Gold
HPSTL93CU, HPSTL102CU, HPSTL110CU:
Vintage Copper

Tested with Care

Our Handpan Service

Our instruments mean a lot to us. Whether used for musical performance or sound meditation, a handpan often becomes more than just an instrument – it grows into a personal companion. That is why we place great importance on ensuring long-lasting joy and a worry-free playing experience.

Our in-house Handpan Service is dedicated to exactly that: preserving quality, sound, and your connection to the instrument. Before any handpan leaves our workshop, it goes through a detailed and careful quality check in Germany. Only when it meets our high standards does it continue its journey – either to a store or directly to your home.

And if, over time, a tone field shifts or your instrument needs fine-tuning, we'll be glad to support you. Service options may vary depending on your country, but we are steadily expanding our reach to make this service more widely available. Just reach out to your dealer or contact us directly – we'll be happy to assist.



STAINLESS STEEL HANDPAN CARE SET
 PERFECT FOR SENSORY HANDPANS
 (SEE PAGE 60)



SSHPCS



HANDPAN ACCESSORIES



1

SEPU



2

HP-CW

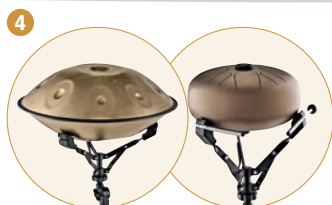


3

HPC

HPP

SSHPP



4

HPS-S



HPS



Set, 2 pcs.
HPCS

Set, 2 pcs.
SSHPCS



Medium
MHPSM



Large
MHPSL



6

HPR



7

HPWS2



8

MHPC

1 MAGNETIC PICKUP

FEATURES Magnetic
Piezo pickup
Integrated volume regulator
6.3 mm input jack
2.5 m long cable

2 HANDPAN CARE WAX

SIZE 36 ml
FEATURES Designed for any unlacquered handpan;
Prevents unwanted development of rust

3 HANDPAN CARE

SIZE 150 ml
PRODUCTS **HPC:** Handpan Cleaner
HPP: Nitrided Steel Handpan Protectant
HPCS: Nitrided Steel Handpan Care Set
SSHPP: Stainless Steel Handpan Protectant
SSHPCS: Stainless Steel Handpan Care Set

CONTAINS **HPCS:** 1 x HPP, 1 x HPC
SSHPCS: 1 x SSHPP, 1 x HPC
FEATURES Corrosion protection; Made in Germany
INCLUDES **HPCS, SSHPCS:** Two microfiber cloths

4 METALLIC HANDPAN & TONGUE DRUM STANDS

SIZES **HPS-S:** Height-adjustable (22" - 27")
HPS: Height-adjustable (28" - 39")
MATERIAL Black powder-coated steel
FEATURE For Handpans and Steel Tongue Drums

5 WOOD HANDPAN/TONGUE DRUM STANDS

SIZES **MHPSM:** Medium (33.5" / 85 cm)
MHPSL: Large (45.3" / 115 cm)
MATERIAL Ki Bawang Wood (*Dysoxylum alliaceum*),
Silicone, Steel
FEATURE For Handpans and Steel Tongue Drums

6 WOOD HANDPAN REST

MATERIAL Baltic Birch (*Betula pendula*)
FEATURES For easy storage and presentation;
Fits all common handpans

7 INCLINED WOOD HANDPAN STAND

MATERIAL Baltic Birch (*Betula pendula*)
FEATURE Fits handpans with ~22" diameter

8 HANDPAN CORD

MATERIALS Linen, nylon
FEATURE Fits all common handpans

Discover Your Intuitive Play

Intuitive play and music-making allow us to express our emotions and thoughts freely, without reservations. This approach to music doesn't require extensive musical knowledge or training; some instruments enable us to start playing without years of practice, inviting us to explore creativity in its purest form.



Find Your Inner Rhythm

Intuitive playing thrives on a good sense of rhythm. However, achieving this doesn't necessarily require long-term training. Simple rhythm exercises, like clapping or tapping out beats on a tabletop, can provide a solid foundation to help you enter a natural flow. These basic practices are often enough to connect with the rhythm within and let the music guide you.

The Essentials of Intuitive Play

To fully embrace intuitive play, you need just two things: an instrument and trust – trust in yourself and the process. Here are a few key aspects to consider as you dive into this creative journey:

- » **Practice Makes Perfect:** While intuitive play is about freedom, regular practice helps deepen your connection with your instrument and your inner rhythm.
- » **Inspiration and Exchange:** Seek out inspiration from other musicians or artists, and don't hesitate to share your own experiences. The exchange of ideas can open new avenues in your intuitive play.
- » **Preserve the Joy of Playing:** Above all, remember that the joy of playing should remain at the heart of your musical journey. Keep it fun, light, and engaging – this is where true creativity flourishes.

By embracing intuitive play, you open the door to a world of spontaneous musical expression. Whether you're a seasoned musician or a complete beginner, this approach allows you to connect with your emotions, explore your creativity, and enjoy the pure joy of making music.

The ideal instruments for beginners, intermediate and advanced players:

- » **Handpans** (see page 58)
- » **Steel Tongue Drums** (see page 62)
- » **Kalimbas** (see page 66)



STEEL TONGUE DRUMS

1



A Major, Purple
PSTD1PLF



A Major, Navy Blue
PSTD2NBVF



A Major, Gold
PSTD3GOM

NEW



A Major, Dark Green
PSTD4DGGOL



2



C Major, Black
MSTD1BK



A Major, Navy Blue
MSTD2NB



B Major, Gold
MSTD3G



3



F Minor, Black
SSTD1BK



G Minor, Navy Blue
SSTD2NB



C Minor, Gold
SSTD3G



4



PSTD3DISPLAY



MSTD3DISPLAY



1 POCKET STEEL TONGUE DRUMS

SIZE 3" diameter, 1.85" height
MATERIAL Coated stainless steel
TUNING A Major A5, B5, C#6, E6, F#6, A6
FEATURES Great gift idea; Soft and soothing sound; Perfect for takeaway
PSTD1PLF: Lasered Lotus Flower design
PSTD2NBVF: Lasered Venus Flower design
PSTD3GOM: Lasered Om design
PSTD4DGGOL: Lasered Germ of Life design
INCLUDES Wooden mallet with rubber head
COLORS **PSTD1PLF**: Purple
PSTD2NBVF: Navy Blue
PSTD3GOM: Gold
PSTD4DGGOL: Dark Green

2 MINI STEEL TONGUE DRUMS

SIZE 6" diameter, 2.55" height
MATERIAL Coated stainless steel
TUNING **MSTD1BK**: C Major C5, D5, E5, G5, A5, C6
MSTD2NB: A Major A4, B4, C#5, E5, F#5, A5
MSTD3G: B Major B4, C#5, D#5, F#5, G#5, B5
FEATURE Soft and soothing sound
INCLUDES Bag and wooden mallet pair with rubber heads
COLORS **BK**: Black
G: Gold
NB: Navy Blue

3 SMALL STEEL TONGUE DRUMS

SIZE 7" diameter, 2.56" height
MATERIAL Coated stainless steel
TUNING **SSTD1BK**: F Minor F4, Ab4, Bb4, C5, Eb5, F5, Ab5, Bb5
SSTD2NB: G Minor G4, Bb4, C5, D5, F5, G5, Bb5, C6
SSTD3G: C Minor C5, D5, Eb5, F5, G5, Ab5, Bb5, C6
FEATURES Portable size Steel Tongue Drum; Soft and soothing sound
INCLUDES Bag and wooden mallet pair with rubber heads
COLORS **BK**: Black
G: Gold
NB: Navy Blue

5 **NEW**



B Minor, Dark Green
CSTD1DG



C Minor, Navy Blue
CSTD2NB



D Minor, Gold
CSTD3G



6



A Minor, Black
STD1BK



A Akebono, Black
STD2BK



G Major, Black
STD3BK



A Minor, Vintage Brown
STD1VB



A Akebono, Vintage Brown
STD2VB



G Major, Vintage Brown
STD3VB



4 HOLDERS FOR STEEL TONGUE DRUMS

MATERIAL Black walnut
FEATURES **PSTD3DISPLAY**: Holds three Pocket Steel Tongue Drums (PSTD)
MSSTDISPLAY: Holds a Mini (MSTD) or a Small Steel Tongue Drum (SSTD)

INCLUDES Bag and wooden mallet pair with soft-wrapped rubber heads (CSTDMC)
COLORS **DG**: Dark Green
G: Gold
NB: Navy Blue

5 COMPACT STEEL TONGUE DRUMS

SIZE 10" diameter, 4.7" height
MATERIAL Coated stainless steel
TUNING A4/a' 432 Hz
CSTD1DG: B Minor
A3, B3, D4, E4, F#4, A4, B4, D5
CSTD2NB: C Minor
G3, Bb3, C4, Eb4, F4, G4, Bb4, C5
CSTD3G: D Minor
A3, C4, D4, F4, G4, A4, C5, D5
FEATURES Soothing, melodic sound; Portable and easy-to-play

6 STEEL TONGUE DRUMS

SIZE 12" diameter, 6.5" height
MATERIAL Coated steel
TUNING **STD1**: A Minor
A3, C4, D4, E4, G4, A4, C5, D5
STD2: A Akebono
A3, B3, C4, E4, F4, A4, B4, C5
STD3: G Major
G3, A3, B3, D4, E4, G4, A4, B4
FEATURE Rich, full and soothing sound
INCLUDES Carrying bag and Steel Tongue Drum Mallet pair with soft rubber tips (STDB)
COLORS **BK**: Black
VB: Vintage Brown

STEEL TONGUE DRUMS

1 432 Hz



B Minor, Black
MOSTD1BK



C Minor, Navy Blue
MOSTD2NB



C Major, Gold
MOSTD3G



F# Minor, Dark Green
MOSTD4DG



1 MEDIUM OCTAVE STEEL TONGUE DRUMS

SIZE 10" diameter, 5.5" height

MATERIAL Coated stainless steel

TUNING A4/a' 432 Hz

MOSTD1BK: B Minor

F#3, G3, B3, C#4, D4, E4, F#4, G4

MOSTD2NB: C Minor

G3, Ab3, C4, D4, Eb4, F4, G4, Ab4

MOSTD3G: C Major

A3, C4, D4, E4, F4, G4, A4, B4

MOSTD4DG: F# Minor

F#3, A3, B3, C#4, D4, E4, F#4, A4

FEATURES Rich, space-filling and meditative sound; Decorative nylon cord; Non-slip silicone feet; Removable silicone plug

INCLUDES Carrying bag and wooden mallet pair with soft-wrapped rubber heads (OSTDMC)

COLORS

BK: Black

DG: Dark Green

G: Gold

NB: Navy Blue

2 STEEL TONGUE DRUM MALLETS

SIZES **CSTDMC:** 10.24"

OSTDM: 10.24"

OSTDMC: 10.24"

STDB: 11.25"

FEATURES **CSTDMC:** Perfect for CSTD models and OSTD models

OSTDM: Perfect for OSTD models

OSTDMC: Perfect for MOSTD and OSTD models

STDB: Perfect for STD models

3



D Kurd, Black
OSTD1BK



D Kurd, Black
OSTD1BKE



D Amara, Navy Blue
OSTD2NB



D Amara, Navy Blue
OSTD2NBE



F Major, Dark Green
OSTD3DGE

NEW



F# Minor, Dark Green
OSTD4DGE

NEW



STEEL TONGUE DRUMS

3 OCTAVE STEEL TONGUE DRUMS

SIZE 16" diameter, 6.4" height
MATERIAL Coated stainless steel
TUNING **OSTD1:** D Kurd (A4/a' 440 Hz)
 D3/ A3, Bb3, C4, D4, E4, F4, G4, A4
OSTD2: D Amara (A4/a' 440 Hz)
 D3/ A3, C4, D4, E4, F4, G4, A4, C5
OSTD3: F Major (A4/a' 432 Hz)
 F3, G3, A3, Bb3, C4, D4, E4, F4, G4
OSTD4: F# Minor (A4/a' 432 Hz)
 F#3, A3, B3, C#4, D4, E4, F#4, G#4, A4
FEATURES One bass note plus eight additional octavated notes; Rich, space-filling and meditative sound; Decorative nylon cord; Non-slip silicone feet; Removable silicone plug
OSTD1BKE, OSTD2NBE, OSTD3DGE, OSTD4DGE:
 Lasered floral design

INCLUDES Carrying bag
OSTD1, OSTD2: Wooden mallet pair with rubber heads (OSTDM)
OSTD3, OSTD4: Wooden mallet pair with soft-wrapped rubber heads (CSTDMC)
COLORS **BK:** Black
DG: Dark Green
NB: Navy Blue

KALIMBAS

1



21 notes,
Black Walnut
KL2101S



17 notes,
Black Walnut
KL1701S



17 notes,
Sapele
KL1702S



17 notes,
Acacia
KL1703S



17 notes,
Maple
KL1704S



10 notes,
Black Walnut
KL1001TOL



10 notes,
Zambesi Redwood
KL1002FOL



8 notes, Maple
KL801S

2



KL8DISPLAY

3



8 notes, Sapele
KL8MINI

8 notes, Black Walnut
KL801TOL

8 notes, Red Zebrawood
KL802FOL



KL17DISPLAY

1 SOLID KALIMBAS

SIZES
KL2101S: 7.1" length x 5.5" width
KL1701S: 7.5" length x 5.4" width
KL1702S: 7.3" length x 5.2" width
KL1703S: 7.1" length x 5.1" width
KL1704S: 7.1" length x 5.1" width
KL1001TOL: 6.7" length x 5.0" width
KL1002FOL: 6.7" length x 5.0" width
KL801S: 4.3" length x 2.8" width

MATERIALS
 Chrome plated steel
KL2101S, KL1701S, KL1001TOL: Black Walnut
KL1702S: Sapele
KL1703S: Acacia
KL1704S, KL801S: Maple
KL1002FOL: Zambesi Redwood

TUNING
 C Major
KL2101S: D5, B4, G4, E4, C4, A3, F3, D3, B2, G2, F2, A2, C3, E3, G3, B3, D3, F3, A4, C5, E5 (21 notes)

KL1701S, KL1702S, KL1703S, KL1704S: D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
KL1001TOL, KL1002FOL: E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)
KL801S: A4, E4, C4, G3, A3, D4, G4, C5 (8 notes)

FEATURES
 Solid body; Harmonious tone sequence
KL1001TOL: High-quality relief "Tree of Life"
KL1002FOL: High-quality relief "Flower of Life"

INCLUDES
 Linen bag; Microfiber cloth; Tuning hammer
KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL1001TOL, KL1002FOL: Case
KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL801S: Gloss
KL1001TOL, KL1002FOL: Matte

2 HOLDER FOR KALIMBAS

MATERIAL Black Walnut
FEATURES
KL8DISPLAY: For Kalimbas up to 8 notes
KL17DISPLAY: For Kalimbas with 9 notes or more and Pickup Kalimbas

3 MINI KALIMBAS

SIZES
KL8MINI: 2.8" length x 2.0" width
KL801TOL: 2.9" length x 2.2" width
KL802FOL: 2.9" length x 2.2" width

MATERIALS
 Chrome plated steel
KL8MINI: Sapele
KL801TOL: Black Walnut
KL802FOL: Red Zebrawood

TUNING
 C Major
 C4, A3, F3, D3, C3, E3, G3, B4 (8 notes)

FEATURES
 Solid body; Harmonious tone sequence; Excellent gift idea
KL801TOL: High-quality relief "Tree of Life"

4



17 notes,
Maple & Acacia
KL1706H



17 notes,
Acacia
KL1707H



17 notes,
Mahogany
KL1708H



17 notes,
Maple
KL1709H



10 notes,
Mahogany
KL1008H



10 notes,
Maple
KL1009H

5



17 notes,
Acacia
KL1705H

6



17 notes,
Acacia
PKL1707H



17 notes,
Mahogany
PKL1708H



17 notes,
Maple
PKL1709H

KL802FOL: High-quality relief "Flower of Life"
INCLUDES **KL8MINI:** Ribbon
FINISHES **KL8MINI:** Gloss
KL801TOL, KL802FOL: Matte

4 SOUND HOLE KALIMBAS

SIZES **KL1706H, KL1707H, KL1708H, KL1709H:** 7.3" length x 5.3" width
KL1008H, KL1009H: 6.7" length x 4.9" width
MATERIALS Chrome plated steel
KL1706H: Maple, Acacia
KL1707H: Acacia
KL1708H, KL1008H: Mahogany
KL1709H, KL1009H: Maple
TUNING C Major
KL1706H, KL1707H, KL1708H, KL1709H: D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5

(17 notes)
KL1008H, KL1009H: E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)
FEATURES HOLLOWED resonating body; Harmonious tone sequence
INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISHES **KL1706H, KL1707H, KL1709H, KL1009H:** Gloss
KL1708H, KL1008H: Matte

5 WAH-WAH KALIMBA

SIZE 7.3" length x 5.3" width
MATERIALS Chrome plated steel
Acacia
TUNING C Major
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
FEATURES HOLLOWED resonating body; Harmonious tone sequence; Wah-wah effect

INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISH Gloss

6 SOUNDHOLE PICKUP KALIMBAS

SIZE 7.5" length x 5.3" width
MATERIALS Chrome plated steel
PKL1707H: Acacia
PKL1708H: Mahogany
PKL1709H: Maple
TUNING C Major
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
FEATURES HOLLOWED resonating body; Harmonious tone sequence; Built-in pickup; Red markings for visual orientation
INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISHES **PKL1707H, PKL1709H:** Gloss
PKL1708H: Matte

WAH-WAH TUBES & SOUND BATH TUBE CHIMES

1



432 Hz

C6
WWTC6

2



432 Hz

Set, 7 pcs.
WWTSETCHA

3



432 Hz

Set, 7 pcs.
SBTSETCHA

4



440 Hz

Set, 8 pcs.
SBTSETM

5



Set, 9 pcs.
SBTSETSOL

SOLFEGGIO

1 WAH-WAH TUBE

MATERIALS Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C6
FEATURE Create captivating wah-wah sounds with ease
INCLUDES Wooden stand, soft bag and mallet
FINISH Champagne gold

2 WAH-WAH TUBE CHAKRA SET, 7 PCS.

MATERIALS Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C5, D5, E5, F5, G5, A5, B5
FEATURES Create captivating wah-wah sounds with ease; Play solo or in harmony with friend
INCLUDES Wooden stand, carrying bag, 7 x soft bag, 3 x mallet
FINISH Champagne gold

3 SOUND BATH TUBE CHIME CHAKRA SET, 7 PCS.

SIZE 51.6" / 131 cm height
 48.8" / 124 cm width
 19.7" / 50 cm depth
MATERIALS Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C4, D4, E4, F4, G4, A4, B4
FEATURES Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
INCLUDES Wooden stand and shoulder strap, carrying bag, 7 x soft bag, 3 x additional holder, 3 x mallet, leather band
FINISH Black

4 SOUND BATH TUBE CHIME SET, 8 PCS.

SIZE 51.6" / 131 cm height
 54.7" / 139 cm width
 19.7" / 50 cm depth
MATERIALS Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 440 Hz; C4, D4, E4, F4, G4, A4, B4, C5
FEATURES Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
INCLUDES Wooden stand and shoulder strap, carrying bag, 8 x soft bag, 3 x additional holder, 3 x mallet, leather band
FINISH Bronze

MEDITATION FLOW CHIMES

6



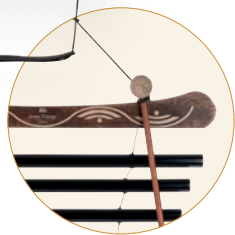
MFC8CSHMIS



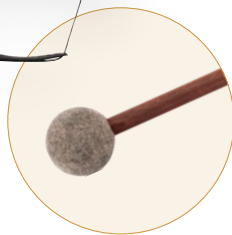
MFC10DMAB



MFC10GMAB



MFC10CMIBK



MFC10EMIBK



5 SOUND BATH TUBE CHIME SOLFEGGIO SET, 9 PCS.

- SIZE** 59.8" / 152 cm height
60.2" / 153 cm width
19.7" / 50 cm depth
- MATERIALS** Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
- TUNING** 963 Hz, 852 Hz, 741 Hz, 639 Hz, 528 Hz, 417 Hz, 396 Hz, 285 Hz, 174 Hz
- FEATURES** Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
- INCLUDES** Wooden stand and shoulder strap, carrying bag, 9 x soft bag, 4 x additional holder, 4 x mallet, leather band
- FINISH** Champagne gold

6 MEDITATION FLOW CHIMES

- SIZES** **MFC8CSHMIS:** 24" / 60 cm height
MFC10DMAB: 35" / 88 cm height
MFC10GMAB: 35" / 88 cm height
MFC10CMIBK: 38" / 95 cm height
MFC10EMIBK: 38" / 95 cm height
- MATERIALS** Ash wood, aluminum, leather, nylon cord
- TUNING** **MFC8CSHMIS:** A4/a' 432 Hz; C# Minor C#5, E5, F#5, G#5, B5, C#6, E6, G#6
MFC10DMAB: A4/a' 440 Hz; D Major D5, E5, F#5, A5, B5, D6, E6, F#6, A6, B6
MFC10GMAB: A4/a' 440 Hz; G Major G4, A4, B4, D5, E5, G5, A5, B5, D6, E6
MFC10CMIBK: A4/a' 432 Hz; C Minor C5, Eb5, F5, G5, Bb5, C6, Eb6, F6, G6, Bb6
MFC10EMIBK: A4/a' 432 Hz; E Minor E4, G4, A4, B4, D5, E5, G5, A5, B5, D6

- FEATURES** Perfect for gentle swaying, circling, spinning and twirling; Calming and balancing effect on body, mind and spirit; Long-lasting resonance; Integrated holder for mallet
- INCLUDES** Carrying bag with a flocked velvet cloth and adjustable shoulder strap; Mallet with felt tip (SB-PM-HFL-L)
- FINISHES** **B:** Bronze
BK: Black
S: Silver

CHIMES



1 AGATE MEDITATION CHIMES

SIZES **BAMC29S:** 29" / 73 cm height
MCDT50AB: 50" / 128 cm
MCDT50ABK: 50" / 128 cm

MATERIALS Ash wood, aluminum, plastic, nylon cord, Agate

TUNING A4/a' 432 Hz
BAMC29S: F6, G6, A6, C7, D7, F7
MCDT50AB: A4, B4, C#5, E5, F#5, A5
MCDT50ABK: A4, B4, C#5, E5, F#5, A5

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Height-adjustable pendulum
BAMC29S: Blue Agate stone; Clear and cheerful sound
MCDT50AB: Grey Agate stone; Extra deep sound
MCDT50ABK: Purple Agate stone; Extra deep sound

FINISH **B:** Bronze
BK: Black
S: Silver

2 MEDITATION CHIMES

SIZE 36" / 90 cm height

MATERIALS Ash wood, aluminum, plastic, nylon cord

TUNING A4/a' 432 Hz
G#5, A5, B5, D6, E6

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Height-adjustable pendulum

SYMBOLS **FOL:** Flower of Life
H: Hamsa
TOL: Tree of Life

FINISHES **B:** Bronze
BK: Matte black

3 MOON MEDITATION CHIMES

SIZES **MMC32:** 32" / 80 cm height
MMC35: 35" / 88 cm height
MMC44: 44" / 110 cm height
MMC49: 49" / 125 cm height

MATERIALS **MMC32, MMC44:** Iron, aluminum, plastic, nylon cord
MMC35, MMC49: Ash wood, aluminum, plastic, nylon cord

TUNING A4/a' 432 Hz
MMC32: G5, A5, B5, D6, E6, G6
MMC35: C6
MMC44: B4, C#5, D#5, F#5, G#5, B5
MMC49: C5

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Moon symbol; Height-adjustable pendulum

FINISHES **B:** Bronze
S: Silver



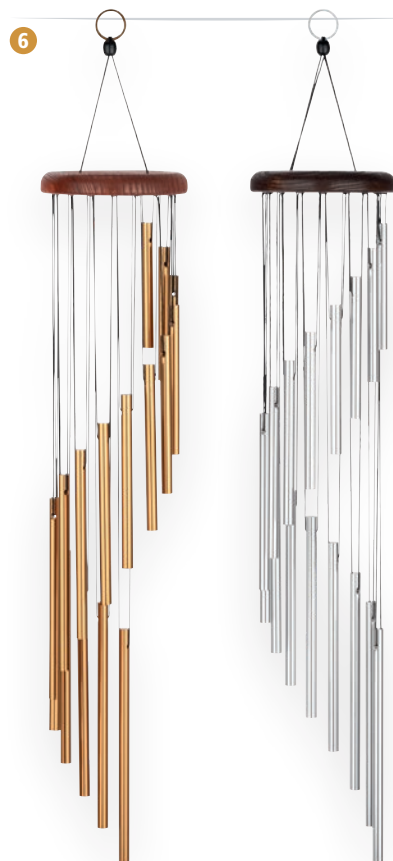
CMC25S



CC12MINI HCC12MINI TOLCC12MINI



HC9B



SC29B SC29S



Chimes
CH27WB



Table Chimes
TCH27RP



TMCHBK

4 CHAKRA MEDITATION CHIME

SIZE 25" / 64 cm height
MATERIALS Ash wood, aluminum, plastic, nylon cord
TUNING A4/a' 432 Hz
 D6, E6, F#6, B6, D7
FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Bright, activating sound; 7 different colored chakra stones
FINISH S: Silver

5 MINI CHAKRA CHIMES

SIZE 12" / 30 cm height
MATERIALS Ash wood, aluminum, plastic, nylon cord
FEATURES Great gift idea; High-pitched, sparkling sound; 7 different colored chakra stones
SYMBOLS H: Hamsa
 TOL: Tree of Life
FINISH S: Silver

6 SPIRAL CHIMES

SIZE 29" / 73 cm height
MATERIALS Ash wood, aluminum, nylon cord
FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; High-pitched, sparkling sound
FINISHES B: Bronze
 S: Silver

7 HAND CHIME

SIZE 14" / 36 cm height
MATERIALS Ash wood, aluminum, nylon cord
FEATURES Clear, sweet sparkling sound; For meditation and relaxation
FINISH B: Bronze

8 CHIMES & TABLE CHIMES

SIZE 27 bars, single row
MATERIALS CH27WB: Siam oak (*Hevea brasiliensis* Muell.-Arg.)
 TCH27RP: Padauk wood (*Pterocarpus soyauxii*)
 Gold anodized aluminum alloy
FEATURES Full sound with wide tonal spectrum
 TCH27RP: Stable frame
COLOR WB: Walnut Brown

9 CHIMES STAND

MATERIAL Black powder-coated steel
FEATURES Full angle and height adjustability; Secure angle clamps; Telescoping stem; Rubber feet to prevent from slipping

A SOUND JOURNEY FROM MORNING TO NIGHT

Introducing our collection of Cosmic Bamboo Chimes in 432 Hz, each crafted to resonate with the unique magic of the day's different times – Morning, Day, Evening, and Nighttime.

AURORA captures the essence of dawn, the moment when the world awakens from its slumber. This chime embodies the gentle whispers of the morning breeze and the soft glow of the first light, creating a melody that promises new beginnings.

SOL reflects the vibrant energy of midday when the sun is at its zenith. This chime echoes the warmth and vitality of the day, its tones bright and uplifting, filling the air with a sense of possibility and the invigorating pulse of life.

LUNA embodies the tranquil essence of the evening, when the sun meets the horizon, dipping the sky in warm colors. As the moon rises to take its place in the night sky, this chime's melody is gentle and reflective, a harmonious blend that invites contemplation and a peaceful transition from day to night.

STELLA captures the mystical atmosphere of nighttime, under the watchful gaze of the stars. Its sound is delicate and ethereal, like the distant twinkle of starlight, offering a sense of calm and connection to the infinite expanse of the night sky.

Each chime is designed to resonate with the spirit of these special moments, bringing the magic of the day's natural rhythm into your space.

432 Hz

The Frequency of 432 Hz:

A Harmonic Connection to Nature

The frequency of 432 Hz is often referred to as the "harmonic frequency" or the "natural tuning" due to its perceived alignment with the vibrations of the universe, nature, and the human body. Many musicians and sound healers believe that music tuned to 432 Hz can create a calming and meditative experience, promoting relaxation and well-being.

COSMIC BAMBOO CHIMES

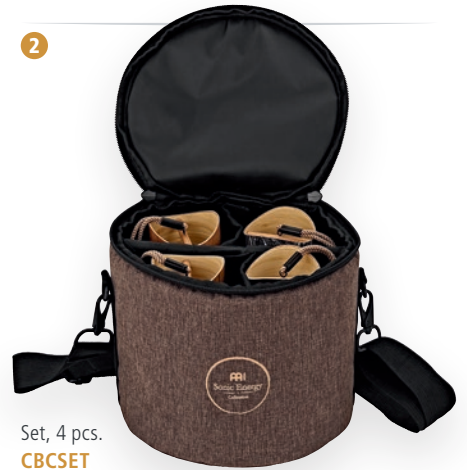


Aurora
CBCAURORA

Sol
CBCSOL

Luna
CBCLUNA

Stella
CBCSTELLA



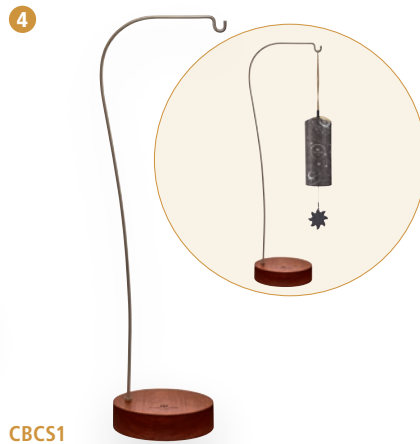
Set, 4 pcs.
CBCSET



Set, 4 pcs.
CBCS4SET



CBCB



CBCS1



CBCS4

1 COSMIC BAMBOO CHIMES

- SIZE** 16.9" / 43 cm height,
2.6" / 6.5 cm diameter
- MATERIALS** Bamboo, Zambesi Redwood, Alloy Steel, Polyester, Acrylic
AURORA: Cherry Wood
SOL: White Oak
LUNA: Walnut
STELLA: Eucalyptus wood and Rosewood
- TUNING** A4/a' 432 Hz
AURORA: E5, F#5, A5, D6, F#6, E4, A4, D5
SOL: E5, F#5, G#5, C#6, E6, G#6, G#4, C#5
LUNA: C#5, D#5, E5, A#5, C#6, E6, E4, A#4
STELLA: G5, A5, Bb5, D6, G6, G4, A4, Bb4, D5
- FEATURES** Soft and soothing sound; Tunings to match the time of day

- SYMBOLS** **AURORA:** Aurora (morning)
SOL: Sol (day)
LUNA: Luna (evening)
STELLA: Stella (night)
- INCLUDES** Two additional pendulums per chime (1 x soft, 1 x hard)

2 COSMIC BAMBOO CHIME SETS

- CONTAINS** CBCAURORA, CBCSOL, CBCLUNA, CBCSTELLA
- INCLUDES** Two additional pendulums per chime (1 x soft, 1 x hard)
CBCSET: Carrying bag
CBCS4SET: Stand; Hex key

3 COSMIC BAMBOO CHIME CARRYING BAG

- SIZE** 7.5" / 19 cm height, 8" / 21.5 cm diameter
- FEATURE** Perfect for transporting and storing chimes

4 COSMIC BAMBOO CHIME STANDS

- SIZES** **CBCS1:** 24.1" / 61.3 cm height; 6.9" / 17.5 cm length; 5.9" / 15 cm width
CBCS4: 23" / 58.5 cm height; 18.6" / 47.3 cm length; 9.4" / 24 cm width
- MATERIALS** Wood (*Dysoxylum alliaceum*); Steel
- FEATURES** For aesthetic presentation and functional play
CBCS1: with one hook
CBCS4: with four hooks
- INCLUDES** **CBCS4:** Hex key

ENERGY CHIMES

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED ENERGY CHIMES

MATERIALS Silver-anodized aluminum alloy
Siam Oak (*Hevea brasiliensis* Muell.-Arg.)

TUNING **CH:** Chiron, 172.86 Hz (audible 2765.76 Hz ≈ F7)
E: Earth Year / Om, 136.10 Hz (audible 2177.60 Hz ≈ C#7)
E-PL: Platonic Year, 172.06 Hz (audible 2752.96 Hz ≈ F7)
E-SI: Sidereal Day, 194.71 Hz (audible 3115.36 Hz ≈ G7)
E-SY: Synodic Day, 194.18 Hz (audible 3106.88 Hz ≈ G7)
J: Jupiter, 183.58 Hz (audible 2937.28 Hz ≈ F#7)
M-SI: Sidereal Moon, 227.43 Hz (audible 3638.88 Hz ≈ A#7)
M-SY: Synodic Moon, 210.42 Hz (audible 3366.72 Hz ≈ G#7)

MA: Mars, 144.72 Hz (audible 2315.52 Hz ≈ D7)
ME: Mercury, 141.27 Hz (audible 2260.32 Hz ≈ C#7)
N: Neptune, 211.44 Hz (audible 3383.04 Hz ≈ G#7)
PL: Pluto, 140.64 Hz (audible 2250.24 Hz ≈ C#7)
S: Sun, 126.22 Hz (audible 2019.52 Hz ≈ B6)
SA: Saturn, 147.85 Hz (audible 2365.60 Hz ≈ D7)
SE: Sedna, 181.60 Hz (audible 2905.60 Hz ≈ F#7)
U: Uranus, 207.36 Hz (audible 3317.76 Hz ≈ G#7)
V: Venus, 221.23 Hz (audible 3539.68 Hz ≈ A7)

FEATURES Handcrafted masterpiece made in Thailand
Exact fine tuning
Heat-branded logo and tuning info

INCLUDES Wooden beater, cotton bag

2 ENERGY CHIMES CHAKRA SET

CONTAINS EC-E-PL (Crown Chakra), EC-V (Brow Chakra), EC-ME (Throat Chakra), EC-E (Heart Chakra), EC-S (Solar Plexus Chakra), EC-M-SY (Sacral Chakra), EC-E-SY (Root Chakra)

INCLUDES 7 x wooden beater, 7 x cotton bag

3 ENERGY CHIMES 16-PIECE SET-UP

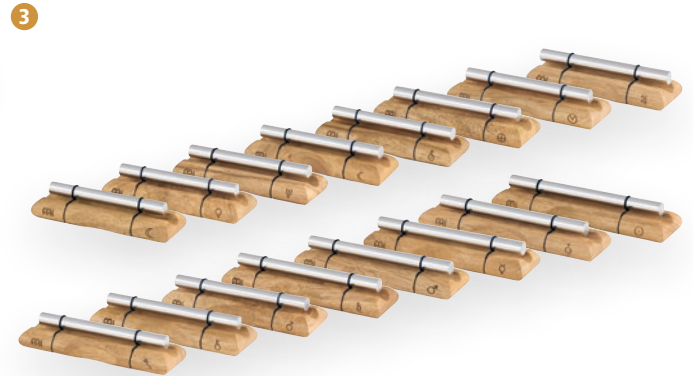
CONTAINS EC-CH, EC-E, EC-E-PL, EC-E-SI, EC-E-SY, EC-J, EC-M-SI, EC-M-SY, EC-MA, EC-ME, EC-N, EC-S, EC-SA, EC-SE, EC-U, EC-V

INCLUDES 16 x wooden beater, 16 x cotton bag

& SOUND EFFECTS



Set, 7 pcs.
EC-SET-CHA-7



Set, 16 pcs.
EC-SET-16



Flower of Life
EC-FOL



ECC-8



ECTT1

ECTT2

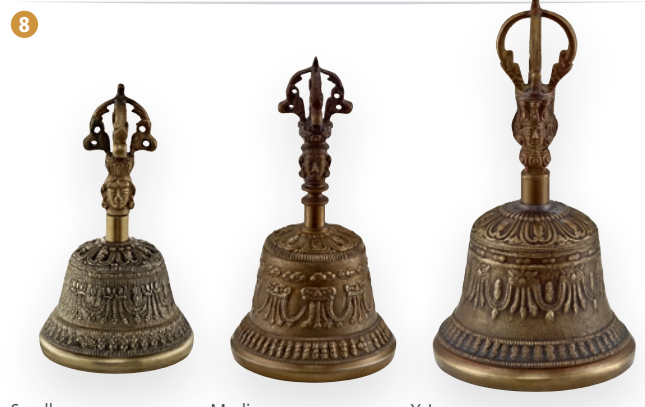
ECTT3

ECTT4



TINGSHA

TINGSHA-OR



Small
B-S

Medium
B-M

X-Large
B-XL

4 FLOWER OF LIFE ENERGY CHIME
MATERIALS Silver-anodized aluminum alloy
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)
TUNING 128 Hz (audible 2048 Hz = C7)
FEATURES Handcrafted masterpiece made in Thailand
 Exact fine tuning
 Heat-branded logo and tuning info
INCLUDES Wooden beater, cotton bag

5 ENERGY CHIME CASE
MATERIALS Inner material foam
 Outer material leatherette
FEATURES For safe and easy transportation of up to
 8 energy chimes

6 THREE TONE ENERGY CHIMES
SIZES **ECTT1:** ECTT2: 12.8" / 32.5 cm length
ECTT3: 14.17" / 36 cm length
ECTT4: 13.39" / 34 cm length
MATERIALS Silver-anodized aluminum alloy
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)
TUNING A4/a' 432 Hz
ECTT1: Minor triad (A6, C7, E7)
ECTT2: Diminished triad (G#6, B6, D7)
 A4/a' 440 Hz
ECTT3: Major triad (C6, E6, G6)
ECTT4: Major triad (E6, G#6, B6)
INCLUDES Wooden beater, cotton bag

7 TINGSHAS
SIZE 3.15" / 8 cm diameter
MATERIAL Special cast alloy
FEATURES Handcrafted masterpiece made in India
 Used for meditation
INCLUDES Cotton bag
SYMBOL **OR:** Ornamental

8 BELLS
DIMENSIONS **B-S:** (2.87" / 7.3 cm diameter); 280 g
B-M: Medium (3.5" / 8.9 cm diameter);
 355 g
B-XL: X-Large (4.3" / 10.9 cm diameter);
 700 g
MATERIAL Bronze
FEATURES Handcrafted masterpiece made in India
 Used for meditation

CHIMES & SOUND EFFECTS

THE SOUND OF NATURE

Whether it's birdsong, flowing water, rustling leaves, or ocean waves – the sound of nature is widely recognized for its calming and therapeutic effects. These soothing sounds help reduce stress by lowering cortisol levels, easing anxiety, and creating a profound sense of calm.

Nature's melodies offer more than just a pleasant background noise. They inspire musical instruments that mimic and amplify these soothing sounds.

From Birds Chirping to Mountain Streams Gently Flowing – Seed Shakers, Chimes and Raindisk

Shaker instruments have ancient roots in indigenous cultures worldwide. Traditionally made from seeds, nuts, or gourds, they were not only musical tools but also carried spiritual meaning. In shamanic work, shakers connect body and mind with natural energies, their rhythmic pulse echoing the heartbeat of the Earth.

Small shakers sound like rustling leaves, larger ones like flocks of birds. Pala and Kenari Chimes add a flowing touch, reminiscent of mountain streams. (See page 78)

This association with water continues in the Moon Phases & Tree of Life Raindisks – capturing the same rushing stream sound in a completely new way (See page 80)



From Gentle Drizzle to Heavy Rainfall – Rainmakers, Rain Sticks and Thunder Drums

Instruments that mimic rain and thunder, like Rainmakers, Rainsticks, and Thunder Drums, can have a powerful cleansing effect. The soft, rhythmic drops of a Rainmaker imitate summer rain, clearing the mind and washing away stress. A slowly turned Rainstick adds the calming flow of cascading water, while the deep rumble of a Thunder Drum channels the grounding energy of a distant storm. The interplay of these instruments can feel like a force of nature. When used in the right context, all pent-up energy can be released, much like a summer thunderstorm breaking through the heat. (See page 80)



The Soothing Sound of the Ocean – Wave Drums and Raindisks

Wave Drums capture the calming essence of the ocean, their rolling beads echoing the rhythmic ebb and flow of waves lapping against the shore. The Raindisk with Fibonacci inspired carving adds another dimension to this watery world, mimicking the gentle murmur of a stream or the soft hush of the sea. Together, they invite deep relaxation, guiding meditation, sound therapy, or simple moments of peace. Whether carried by the vast rhythm of the ocean or the tender trickle of a stream, these instruments bring the soothing sound of water into your hands – balancing body and mind with nature's most timeless element. (See page 80 and 85)



Echoes of Nature – Didgeridoo

The sound of a Didgeridoo is like the deep, resonant hum of wind moving through ancient caves, swirling and echoing in rhythmic waves. It vibrates like distant thunder rolling across the horizon, steady and powerful, yet grounding. At times, it mimics the low rumble of the earth itself, as if the ground beneath you is alive, breathing in long, slow pulses. The didgeridoo's tones can shift like the call of a distant animal, or the rhythmic heartbeat of the wilderness, creating a primal connection to nature's raw, untamed energy. While these sounds affect us on a deeply mental and emotional level, learning to play the Didgeridoo can also improve your physical health. (See page 81)



Learn more about it

SOUND EFFECTS

1



SPCH

2



SKCH

3



SBCH

4



SKBPCH

5



SKMCHFOL

6



SKMHC

7



Small
SKFOLS

Medium
SKFOLM

Large
SKFOLL

Notice: Most of our Sonic Energy sound effects such as seed chimes & shakers, rainsticks & rainmakers, and didgeridoos are natural products. Variations in color, grain, texture, and shape may occur and are not considered defects.

1 PALA CHIMES

SIZE 16.7" x 15.7" / 42.4 x 39.9 cm

MATERIALS Pala seed nutshells
Mahogany wood

FEATURE Pleasant, smooth sound

2 KENARI CHIMES

SIZE 16.7" x 14.6" / 42.4 x 37.1 cm

MATERIALS Kenari seed nutshells
Mahogany wood

FEATURE Powerful, crisp sound

3 BENDO CHIMES

SIZE 16.9" x 15" / 42.9 x 38.1 cm

MATERIALS Bendo seed nutshells
Mahogany wood

FEATURE Clear, crisp sound

4 MIXED SEED CHIMES

SIZE 20.5" x 16.1" / 52.1 x 40.9 cm

MATERIALS Kenari / Bendo / Pangi seed nutshells
Mahogany wood

FEATURE Powerful, crisp sound

5 KENARI MEDITATION CHIMES

SIZE 7.9" x 22.8" / 20.1 x 57.9 cm

MATERIALS Kenari seed nutshells
Mahogany wood

FEATURES Powerful, crisp sound
Flower of Life symbol
Suspension ring

6 KENARI MEDITATION HAND CHIME

SIZE 7.9" x 15.4" / 20.1 x 39.1 cm

MATERIALS Kenari seed nutshells
Mahogany wood

FEATURES Powerful, crisp sound; Suspension ring

7 FLOWER OF LIFE KENARI CHIMES

SIZES **SKFOLS:** Small (19.7" / 50 cm)

SKFOLM: Medium (23.6" / 59.9 cm)

SKFOLL: Large (26.4" / 67.1 cm)

MATERIALS Kenari seed nutshells
Mahogany wood

FEATURES Powerful, crisp sound
Flower of Life symbol

8 PALA SHAKERS

SIZES **SPRL:** Large (13.7" / 34.8 cm)

SPRS: Small (11" / 27.9 cm)

MATERIAL Pala seed nutshells

FEATURE Pleasant, smooth sound



SBRS



SPGRS



SPH



SKH



SBHA



SPB



SKB



SBB



SOUND EFFECTS

9 KENARI SHAKERS
SIZES **SKRS:** Small (9" / 22.9 cm)
SKRL: Large (12.6" / 32 cm)
MATERIAL Kenari seed nutshells
FEATURE Powerful, crisp sound

10 BENDO SHAKERS
SIZES **SBR:** Small (9.9" / 25.1 cm)
SBRL: Large (13.8" / 35.1 cm)
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

11 BENDO SHAKER
SIZE 8.3" / 21.1 cm
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

12 PANGI SHAKER
SIZE 8.3" / 21.1 cm
MATERIAL Pangi seed nutshells
FEATURE Powerful, deep sound

13 PALA ROD SHAKER
SIZE 9" / 22.9 cm
MATERIAL Pala seed nutshells
FEATURE Pleasant, smooth sound

14 KENARI ROD SHAKER
SIZE 9" / 22.9 cm
MATERIAL Kenari seed nutshells
FEATURE Powerful, crisp sound

15 BENDO ROD SHAKER
SIZE 9.5" / 24.1 cm
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

16 PALA BRACELET
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm
MATERIAL Pala seed nutshells
FEATURES Pleasant, smooth sound
For the wrist or ankle

17 KENARI BRACELET
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm
MATERIAL Kenari seed nutshells
FEATURES Powerful, crisp sound
For the wrist or ankle

18 BENDO BRACELET
SIZE 5.1" x 2.4" / 13 x 6.1 cm
MATERIAL Bendo seed nutshells
FEATURES Clear, crisp sound
For the wrist or ankle

SOUND EFFECTS

1



NEW

STAND INCLUDED

NEW



10"
RDS10MTOL

12"
RDS12MTOL

10"
RDO10F

15"
RDO15F

2



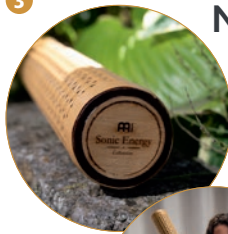
5 min
RM10AK

15 min
RM20AK

30 min
RM30AK

3

NEW



NEW



24"
RS2M

47.6"
RS2XL

4



16.0"
RS1S

24.0"
RS1M

39.8"
RS1L

1 RAINDISKS

SIZES RDS10MTOL, RDO10F: 10"
RDS12MTOL: 12"
RDO15F: 15"

MATERIALS RDO: Black Walnut, MDF
RDS: Sapelli, MDF

FEATURES Perfect for sound meditations and relaxation

RDO: Ocean sound

RDS: Stream sound

INCLUDES Soft bag, stand

SYMBOLS F: Fibonacci inspired carving

MTOL: Moon Phases & Tree of Life

RM3: 40" / 101.5 cm height;
6.3" / 16 cm diameter

MATERIAL Oak

DURATION RM1: ~5 min

RM2: ~15 min

RM3: ~30 min

FEATURES Soothing rain sound backdrop; Perfect for meditation, yoga, and sound baths; Elegant design

FINISH Oil-finished

3 SYNTHETIC RATTAN RAINSTICKS

SIZES RS2M: 24" / 61 cm

RS2XL: 47.6" / 121 cm

MATERIAL Synthetic Rattan

FEATURES Long-lasting rain sound for atmosphere and relaxation; Adds texture to percussion, meditation, and yoga sessions; Fun and engaging rhythm tool for kids

4 BAMBOO RAINSTICKS

SIZES RS1S: Small (16.0" / 40.6 cm)

RS1M: Medium (24" / 61 cm)

RS1L: Large (39.8" / 101.1 cm)

MATERIAL Bamboo

FEATURES Lightweight; Dot-painted

COLOR Black

5 THUNDER DRUMS

SIZES TDS: Small (8.3" / 21 cm)

TDL: Large (10.4" / 26.5 cm)

TDWS: Small (7" / 18 cm)

TDWL: Large (8.6" / 22 cm)

MATERIAL Synthetic body

FEATURES Durable construction; Authentic thunder sounds; Unique tie-dye design; Wah-wah effect

SOUND EFFECTS & DIDGERIDOOS

5 NEW



9 NEW

BAG & Mallet INCLUDED



17.5"
DDD18

47.2"
DD1BK

10



Note C, 19.7"
DDPROFSC

Note D, 19.7"
DDPROFSD

11



Note C, 25.3"
DDPROFZC

Note D, 25.3"
DDPROFZD

7 NEW



Note C - F, 39"-70.9"
DDCHA

8



Note E, 61.2"
DDPROFPE

Note D, 73.2"
DDPROFNTD

6 BAMBOO DIDGERIDOO

SIZE 47.2" / 119.9 cm
MATERIAL Bamboo
FEATURE Dot-painted
COLOR Black

7 CHAKRA DIDGERIDOO

SIZE 39" - 70.9" / 99 - 180 cm
MATERIAL Lightweight synthetic body
TUNING Adjustable tuning from C to F
FEATURES Hand-painted Chakra Symbols; Lightweight
INCLUDES Bag

8 SLICED PRO DIDGERIDOOS

SIZES DDPROFNTD: 73.2" / 185.9 cm
DDPROFPE: 61.2" / 155.4 cm
MATERIAL Mahogany
TUNING DDPROFNTD: D
DDPROFPE: E
FEATURES Screw mechanism to separate into two pieces
DDPROFPE: Dot-painted
INCLUDES Bag
COLORS DDPROFNTD: Natural
DDPROFPE: Black

9 DIDGERIDRUM

SIZE 17.5" / 44.5 cm
MATERIALS Lightweight synthetic body
Synthetic head
FEATURES Combines didgeridoo and drum; Full tone and volume and resonating tones

10 S-SHAPED PRO DIDGERIDOOS

SIZE 19.7" / 50 cm height; 11" / 27.9 cm width
MATERIAL Mahogany
TUNING DDPROFSC: C
DDPROFSD: D
FEATURE S-shape offers full tone and volume at a compact size
COLOR Natural

11 Z-SHAPED PRO DIDGERIDOOS

SIZE 25.3" / 64.3 cm height; 6.3" / 16 cm width
MATERIAL Mahogany
TUNING DDPROFZC: C
DDPROFZD: D
FEATURE Z-shape offers full tone and volume at a compact size
COLOR Natural

DIDGERIDOOS

FIND YOUR OWN RHYTHM IN COMMUNITY

The Magic of Drum Circles

Drum circles offer a unique space where individuals come together to connect through rhythm and sound. In these circles, the simple act of drumming transforms into something magical, as personal expression blends into a collective beat. It's a space where everyone, regardless of skill level, finds their rhythm and contributes to a shared musical journey.

Drum circles create an environment where the barriers between people dissolve, replaced by the pulse of the rhythm shared by all. Each beat becomes a conversation, a heartbeat of the community, where everyone has a voice, and every sound matters. In this sacred space, time seems to slow down, and participants often find themselves more deeply connected – to themselves, to others, and to something greater beyond words.

The experience can be both invigorating and deeply meditative, as the rhythms become a form of expression that taps into something primal. The simple, repetitive beats can help release stress, spark creativity, and allow participants to let go of inhibitions. There's no right or wrong in a drum circle – just the freedom to create, listen, and respond.

To fully experience the magic of a drum circle, it's important to enter with an open mind. Let go of any expectations, and allow yourself to actively listen to the rhythms around you. Rather than putting pressure on yourself to perform or play perfectly, focus on the joy of participating and connecting with others. The beauty of a drum circle lies in its spontaneity and collective energy – it's a space for everyone to simply enjoy, be present, and find their own rhythm within the community.



FRAME DRUMS

1



14"
BD14WB-NH



16"
BD16WB-NH



18"
BD18WB-NH



2



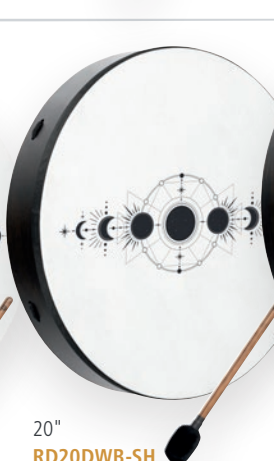
14"
RD14DWB-SH



16"
RD16DWB-SH



18"
RD18DWB-SH



20"
RD20DWB-SH



22"
RD22DWB-SH



14"
RD14WB



16"
RD16WB



18"
RD18WB



20"
RD20WB



22"
RD22WB

Notice: Our Sonic Energy Frame Drums are natural products, different skin textures may occur.

1 BODHRAN DRUMS

- SIZES** **BD14:** 14", 4" deep
BD16: 16", 4" deep
BD18: 18", 4" deep
- MATERIALS** Poplar Wood (*Populus*) frame
Synthetic Napa head
- FEATURES** Warm and powerful sound
Wooden cross bar for perfect grip
Vegan
- INCLUDES** Mallet
- COLOR** **WB:** Walnut Brown

2 RITUAL DRUMS

- SIZES** **RD14:** 14", 3.5" deep
RD16: 16", 3.5" deep
RD18: 18", 3.5" deep
RD20: 20", 3.5" deep
RD22: 22", 3.5" deep
- MATERIALS** **DWB-SH:** Poplar Wood (*Populus*) frame
True Feel synthetic head
WB: Poplar Wood (*Populus*) frame
Goat head
- FEATURES** Warm and powerful sound
Cord cross for perfect grip
DWB-SH: Moon phases symbol
Vegan
- INCLUDES** Mallet
- COLORS** **DWB:** Dark Walnut Brown
WB: Walnut Brown



FRAME DRUMS

1 NEW



NEW



2



3



4



5



1 SPIRIT DRUMS

SIZE 15.35", 2.7" deep
MATERIALS Goat head
 Nylon grip
SD15LBCHA: Chakra gemstones
FEATURES Authentic look and feel
 Warm, earthy heartbeat-like tones
 Nylon cord grip on the backside for comfortable playing
INCLUDES Soft bag and soft mallet

2 HOOP DRUMS

SIZE 15", 3.2" deep
MATERIALS Hand-selected buffalo head
 Nylon lacing and grip
FEATURES Crisp and powerful sound;
 Adjustable hand grip
INCLUDES Leather-padded wooden beater
SYMBOLS **FOL:** Flower of Life
TOL: Tree of Life

3 DESIGNED HAND DRUMS

SIZE 16", 2.5" deep
MATERIALS Siam Oak (*Hevea brasiliensis*
 Muell.-Arg.) frame
 Hand-selected goat head
FEATURES Warm, rich and resonating tones;
 Comfortable grip
SYMBOLS **FOL:** Flower of Life
TOL: Tree of Life
VF: Venus Flower
COLOR **WB:** Walnut Brown

4 HAND DRUMS

SIZES **HD16:** 16", 2.5" deep
HD18: 18", 2.5" deep
HD20: 20", 2.5" deep
MATERIALS Siam Oak (*Hevea brasiliensis*
 Muell.-Arg.) frame
 Hand-selected goat head
FEATURES Comfortable grip; Warm, rich and
 resonating tones
COLOR **WB:** Walnut Brown

5 WOVEN SYNTHETIC HEAD HAND DRUMS

SIZES **HD16:** 16", 2.5" deep
HD18: 18", 2.5" deep
MATERIALS Siam Oak (*Hevea brasiliensis*
 Muell.-Arg.) frame
 Woven synthetic head
FEATURES Vegan; Comfortable grip; Durable,
 synthetic head; Rich and resonating tones
COLOR **WB:** Walnut Brown



16"
WD16FOL

18"
WD18FOL

20"
WD20FOL

22"
WD22FOL



16"
WD16WB-WH

18"
WD18WB-WH

20"
WD20WB-WH

22"
WD22WB-WH



16"
WD16WB

18"
WD18WB

20"
WD20WB

22"
WD22WB

5 FLOWER OF LIFE WAVE DRUM

SIZES **WD16:** 16", 2.5" deep
WD18: 18", 2.5" deep
WD20: 20", 2.5" deep
WD22: 22", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Two hand-selected goat heads
Amaranth and glass beads

FEATURES Soft, soothing sound; Sealable filling port allows you to control the amount of beads inside

SYMBOL **FOL:** Flower of Life

6 WOVEN & SYNTHETIC HEAD WAVE DRUM

SIZES **WD16:** 16", 2.5" deep
WD18: 18", 2.5" deep
WD20: 20", 2.5" deep
WD22: 22", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Woven head and synthetic head
Glass and metal beads

FEATURES Vegan; Medium loud, soothing sound; Sealable filling port allows you to control the amount of beads inside

7 WAVE DRUMS

SIZES **WD16:** 16", 2.5" deep
WD18: 18", 2.5" deep
WD20: 20", 2.5" deep
WD22: 22", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Hand-selected goat head and synthetic head
Mixed metal beads

FEATURES Strong, soothing sound; Sealable filling port allows you to control the amount of beads inside

COLOR **WB:** Walnut Brown

SONIC ENERGY ONLINE



ENHANCING WELLNESS – NOT A MEDICAL ALTERNATIVE

Some of our products are mainly used to strengthen the self-healing process and to find and release energetic blockages. With the correctly applied product, physical and psychological well-being often can be increased, but not guaranteed.

Please note that sound work can be a supportive practice for a lot of processes, but it is important to recognize that it is not a medical alternative. Every individual is unique, and what works for one person may not work for another.

The use of our products is in no case a substitute for a medical or psychotherapeutic treatment or diagnosis. Contact your health-care provider immediately if you suspect that you have a medical problem.

Our instruments are great tools to support your meditation and getting into a relaxed state.

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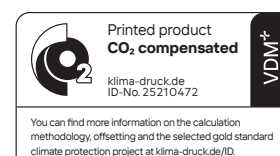
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SE-CATALOG26

